



Southern Shotokan Karate Association

Established in 1987



SUMMER CAMP 2024

Welcome to the SSKA Annual Summer Camp 2024! I hope you enjoy both your training and your stay at the Bournemouth Central Premier Inn, 18 Westover Road, Bournemouth BH1 2BY.

SATURDAY 3rd AUGUST 2024

Arrive early to get a space in the Central Car Park, Upper Hinton Road, BH1 2HH. (300 spaces).

You can only pay with a card and it's £5.80p for 24 hours. Please check the ticket to see that it's valid as I have been told that sometimes it does not register. It is a 10 minute walk to the hotel. There are stairs at the rear of the car park which take you down to the road. Turn left as the bottom of the stairs and walk to the end of the road, then turn right and the Premier Inn is on the right.

The hall is available from 8am, you can leave your luggage there until check in at 3pm.

There are ladies and gents toilet to get changed in. The manager is going to supply us with fans for the hall.

9.00am Grading Registration. Please pay your grading fees if you are grading this weekend.

10.00am to 12 noon Lesson with breaks

12 noon to 12.45pm Lunch do not know if you want to bring your own lunch with you.

12.45pm to 2.45pm Lesson with breaks

2.45pm Hotel check-in and free time

5.30-6.00pm Meet in the hotel bar then go for a meal and perhaps more drinks if you can handle it!

Maxine will be arranging the evening meal, so please make sure you book your place with her.

SUNDAY 4th AUGUST 2024

Don't forget to renew your parking ticket for the day.

Or you may want to try and get a free space on Upper Hinton Road. (free parking Sunday only)

You can have breakfast in the hotel or there are lots of cafes along the road that serve breakfast.

9.15 am to 11.15am Lesson with breaks

End of Summer Camp 2024 and presentation of certificates.

You are free to shower, change and check-out of your room.

You can bring your luggage to the hall until you leave.

If you are not grading, have a safe journey back home and i hope you enjoyed the camp!

12.30pm Grading starts for Kyu and Dan Gradings. Good luck to you all. If anyone fails their Grading they can retake it later in the day if they wish. (Normal fees apply).

Please ensure you bring enough cash to pay for a second grading, but hopeful you won't need it.

HOTEL INFORMATION

Remember to book the Premier Inn early to get the best price. All the rooms can sleep up to 4 people. You are welcome to book another hotel if you prefer and come over for the training and social side.

FEES FOR TRAINING ONLY

Before the 30th June 2024 the traing fee will be £90.

From 1st July 2024 the training fee will increase to £120.

From 1st August 2024 and if you pay on the day the training fee will increase to £150.

PAYMENT INFORMATION

You can pay at one of the grading centres or pay online. For details call 07557 532676 or email: ssk595@gmail.com

Sensei Cole

** All times are subject to change, you will be notified on the day of arrival.*

Chief Grading Examiner & Instructor: STUART COLE 8th Dan (Proprietor)

www.sska.co.uk



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WINTER CAMP 2024

Welcome to the SSKA Annual Winter Camp 2024! I hope you enjoy both your training and your stay at the Bournemouth Central Premier Inn, 18 Westover Road, Bournemouth BH1 2BY.

SATURDAY 10th FEBRUARY 2024

Arrive early to get a space in the Central Car Park, Upper Hinton Road, BH1 2HH. (300 spaces).

You can only pay with a card and it's £5.80p for 24 hours. Please check the ticket to see that it's valid as I have been told that sometimes it does not register. It is a 10 minute walk to the hotel. There are stairs at the rear of the car park which take you down to the road. Turn left as the bottom of the stairs and walk to the end of the road, then turn right and the Premier Inn is on the right.

The hall is available from 8am, you can leave your luggage there until check in at 3pm.

There are ladies and gents toilet to get changed in. The manager is going to supply us with fans for the hall.

9.00am Grading Registration. Please pay your grading fees if you are grading this weekend.

10.00am to 12 noon Lesson with breaks

12 noon to 12.45pm Lunch do not know if you want to bring your own lunch with you.

12.45pm to 2.45pm Lesson with breaks

2.45pm Hotel check-in and free time

5.30-6.00pm Meet in the hotel bar then go for a meal and perhaps more drinks if you can handle it!

Maxine will be arranging the evening meal, so please make sure you book your place with her.

SUNDAY 11th FEBRUARY 2024

Don't forget to renew your parking ticket for the day.

Or you may want to try and get a free space on Upper Hinton Road. (free parking Sunday only)

You can have breakfast in the hotel or there are lots of cafes along the road that serve breakfast.

9.15 am to 11.15am Lesson with breaks

End of Winter Camp 2024 and presentation of certificates.

You are free to shower, change and check-out of your room.

You can bring your luggage to the hall until you leave.

If you are not grading, have a safe journey back home and i hope you enjoyed the camp!

12.30pm Grading starts for Kyu and Dan Gradings. Good luck to you all. If anyone fails their Grading they can retake it later in the day if they wish. (Normal fees apply).

Please ensure you bring enough cash to pay for a second grading, but hopeful you won't need it.

HOTEL INFORMATION

Remember to book the Premier Inn early to get the best price. All the rooms can sleep up to 4 people. You are welcome to book another hotel if you prefer and come over for the training and social side.

FEES FOR TRAINING ONLY

Before the 31st December 2023 the traing fee will be £90.

From 1st January 2024 the training fee will increase to £120.

From 1st February 2024 and if you pay on the day the training fee will increase to £150.

PAYMENT INFORMATION

You can pay at one of the grading centres or pay online. For details call 07557 532676 or email: sska595@gmail.com

Sensei Cole

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