



Southern Shotokan Karate Association

Established in 1987



Dear Member,

Welcome to the SSKA Annual Summer Camp 2023! I hope you enjoy both your training and your stay at the Bournemouth Central Premier Inn, 18 Westover Road, Bournemouth BH1 2BY.

SATURDAY 12th AUGUST

Arrive early to get a space in the Central Car Park, Upper Hinton Road, BH1 2HH. (300 spaces).

You can only pay with a card and it's £5.80p for 24 hours. Please check the ticket to see that it's valid as I have been told that sometimes it does not register. It is a 10 minute walk to the hotel. There are stairs at the rear of the car park which take you down to the road. Turn left at the bottom of the stairs and walk to the end of the road, then turn right and the Premier Inn is on the right.

The hall is available from 8am, you can leave your luggage there until check in at 3pm.

There are ladies and gents toilet to get changed in. Coffee, tea and water available.

Unfortunately there is no air conditioning in the hotel, they have been waiting 18 months for it to be fixed, but the manager is going to supply us with fans. The hall has carpet and some pillows in the way but it's the best I could do I am afraid.

9.00am Grading Registration. Please pay your grading fees if you are grading this weekend.

10.00am to 12 noon Lesson with breaks

12 noon to 1.00pm Lunch do not know if you want to bring your own Lunch with you.

1.00pm to 3.00pm Lesson with breaks

3.00pm Hotel check-in and free time

6.00pm Meet in the Brassiere pub then go for a meal and perhaps more drinks if you can handle it!

SUNDAY 13th AUGUST

Don't forget to renew your parking ticket for the day.

Or you may want to try and get an free space on Upper Hinton Road. (free parking Sunday only)

You can have breakfast in the hotel or there are lots of cafes along the road that serve breakfast.

9.15 am to 11.15am Lesson with breaks

End of Summer Camp 2023 and presentation of certificates.

You are free to shower, change and check-out of your room.

You can bring your luggage to the hall until you leave.

If you are not grading, have a safe journey back home and i hope you enjoyed the camp!

12.30pm Grading starts for Kyu and Dan Gradings. Good luck to you all. If anyone fails their Grading they can retake it later in the day if they wish. (Normal fees apply).

Please ensure you bring enough cash to pay for a second grading, but hopeful you won't need it.

It's been a lot of hard work and I've had lots of meetings with various hotels in Bournemouth in the search for a new venue. Hopefully I have secured a large wooden floor and a hotel to stay in for next years camps.

It's a lot of money but I think it will be worth it for the 2024 camps. Details to follow soon.

Sensei Cole

** All times are subject to change, you will be notified on the day of arrival.*

Chief Grading Examiner & Instructor: STUART COLE 8th Dan (Proprietor)

www.sska.co.uk