

Southern Shotokan Karate association





JANUARY

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Grading

FEBRUARY

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SEPTEMBER

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DECEMBER w F S S Μ Т Т

Key: Pre-grading

Black Belt Grading

Bank Holiday Residential Course

Instructor's/Kata Course/Competition

JANU	ARY
Sun 30	Open Free Instructor's Information Course at Grange Leisure & Community Centre, Grange Drive, Stratton St. Margaret, Swindon, SN3 4JY. 3.00-5.00pm. This course is for all instructors, including junior instructors, and anyone 4th Kyu and above who would like to become an instructor and run a SSKA club. The course will give you new ideas about teaching your students, advice on how to promote your club and a chance to concentrate on your own karate to help you progress, and an intense Judging and Refereeing course in preparation for the SSKA Annual Competition. For all enquiries phone or text the SSKA 07557 532676.
FEBR	UARY
Fri 18	23rd Winter Karate Camp - Friday 18th February to Sunday 20th February 2022 for SSKA members, family and friends. For all grades with Chief Instructor of the S.S.K.A and Senior Instructor assistance.
Sat 19 Sun 20	Staying and training at the Trouville Hotel, Priory Road, Bournemouth, BH2 5DH. Training fee: £90 for 9 lessons. If members require accommodation please contact 01202 552262 and quote the SSKA to get your discount. Please make sure you have paid the SSKA fees before you book your room.
Fri 25	Kata Course & Grading Registration Centre at West Somerset Sports Centre, Bircham Road, Minehead, TA24 6AY. Juniors & Seniors (All Grades) arrive at 6.45pm for admin, lesson 7.00pm - 8.00pm. With Sensei McCormack, Senior Instructor of the SSKA
Sat 26	Kata Course & Grading Registration Centre at Strode Leisure Centre, Strode Road, Clevedon, BS21 6QG. Juniors & Seniors (All Grades) arrive at 4.45pm for admin, lesson 5.00-6.00pm. In the Main Sports Hall with Sensei Lewis, Assistant Chief Instructor of the SSKA.
Sun 27	 Kata Course & Grading Registration Centre at Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY. Juniors & Seniors (All grades) arrive at 9.00am for admin, lesson 9.30am-11.00am with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructor assistance. Kata Course & Grading Registration Centre at Grange Leisure & Community Centre, Grange Drive, Swindon, SN3 4JY. Juniors & Seniors (All grades) arrive 1.00pm for admin, lesson 1.30-3.00pm in the Main Sports Hall with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructor assistance.
MAR	
Sun 6	Kyu and Black Belt Grading Centre at Countess Wear Village Hall, 28 School Lane, Exeter, EX2 6LB. Juniors & Seniors (All Grades) arrive at 10.45am for admin, pre-grading lesson 11.00am - 12 noon. Kyu Gradings start at approx. 12 noon in the Main Hall, followed by Black Belt Grading with Chief Instructor of the SSKA, Sensei Lewis and Senior Instructor assistance.
Sun 13	Kyu Grading at Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY. Juniors & Seniors (All Grades) arrive at 9.00am for admin, pre-grading lesson 9.30 - 11.00am. Gradings start at 11.30am with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructor assistance.
Sun 20	Kyu Grading at Grange Leisure & Community Centre, Grange Drive, Swindon, SN3 4JY. Juniors & Seniors (All Grades) arrive at 9.00am for admin, pre-grading lesson 9.30 - 11.00am. Grading starts approx. 11.30am in the Main Sports Hall with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructors assistance.
Sun 27	Black & Brown Belt Course and Black Belt Grading at Grange Leisure & Community Centre, Grange Drive, Swindon, SN3 4JY. Juniors & Seniors arrive at 9.00am for admin, lesson 9.30 - 11.00am. Grading starts approx. 11.30am in the Main Hall with Chief Instructor of the SSKA and Senior Instructor assistance.
APRI	
Sun 3	Kyu Grading and Black & Brown Belt Course Centre at Five Rivers Leisure Centre, Hulse Road, Salisbury, SP1 3NR. Juniors & Seniors (All Grades) arrive at 2.30pm for admin, pre-grading lesson 3.00pm - 4.00pm. Grading starts approx. 4.15pm in the Small Hall with Chief Instructor of the SSKA, Sensei Lewis and Senior Instructors assistance.
MAY	
Fri 27	Kata Course & Grading Registration Centre at West Somerset Sports Centre, Bircham Road, Minehead, TA24 6AY. Juniors & Seniors (All Grades) arrive at 6.45pm for admin, lesson 7.00pm - 8.00pm. With Sensei McCormack, Senior Instructor of the SSKA
Sat 28	 Kata Course & Grading Registration Centre at Countess Wear Village Hall, 28 School Lane, Exeter, EX2 6LB. Juniors & Seniors (All grades) arrive at 8.45am for admin, lesson 9.00am-10.00am with Chief Instructor of the SSKA. Kata Course & Grading Registration Centre and Black & Brown Belt Course Centre at Five Rivers Leisure Centre, Hulse Road, Salisbury, SP1 3NR. Juniors & Seniors (All grades) arrive at 2.45pm for admin, lesson 3.00 - 4.00pm. In the Dance Studio with Chief Instructor of the SSKA. Kata Course & Grading Registration Centre at Strode Leisure Centre, Strode Road, Clevedon, BS21 6QG. Juniors & Seniors (All Grades) arrive at 4.45pm for admin, lesson 5.00-6.00pm. In the Main Sports Hall with Sensei Lewis, Assistant Chief Instructor of the SSKA.
Sun 29	 Kata Course & Grading Registration Centre at Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY. Juniors & Seniors (All grades) arrive at 9.00am for admin, lesson 9.30am-11.00am with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructor assistance. Kata Course & Grading Registration Centre at Grange Leisure & Community Centre, Grange Drive, Swindon, SN3 4JY. Juniors & Seniors (All grades) arrive 1.00pm for admin, lesson 1.30-3.00pm in the Main Sports Hall with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructor assistance.
JUNE	
Sun 5	Kyu and Black Belt Grading Centre at Countess Wear Village Hall, 28 School Lane, Exeter, EX2 6LB. Juniors & Seniors (All Grades) arrive at 11.30am for admin, pre-grading lesson 12 noon - 1.00pm. Kyu Gradings start at approx. 1.15pm in the Main Hall, followed by Black Belt Grading with Chief Instructor of the SSKA, Sensei Lewis and Senior Instructor assistance.
Sun 12	Kyu Grading at Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY. Juniors & Seniors (All Grades) arrive at 9.00am for admin, pre-grading lesson 9.30 - 11.00am. Gradings start at 11.30am with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructor assistance.
Sun 19	Kyu Grading at Grange Leisure & Community Centre, Grange Drive, Swindon, SN3 4JY. Juniors & Seniors (All Grades) arrive at 9.00am for admin, pre-grading lesson 9.30 - 11.00am. Grading starts approx. 11.30am in the Main Sports Hall with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructors assistance.
Sun 26	Black & Brown Belt Course and Black Belt Grading at Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY. Juniors & Seniors arrive at 9.00am for admin, lesson 9.30 - 11.00am. Grading starts approx. 11.30am in the Main Hall with Chief Instructor of the SSKA and Senior Instructor assistance.

JULY	
Sun	Kyu Grading and Black & Brown Belt Course Centre at Five Rivers Leisure Centre, Hulse Road, Salisbury, SP1 3NR. Juniors & Seniors (All Grades) arrive at 2.30pm for admin, pre-grading lesson 3.00pm - 4.00pm. Grading starts approx. 4.15pm in the Small Hall with Chief Instructor of the SSKA, Sensei Lewis and Senior Instructors assistance.
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SEP1	'EMBER
Fri 9	Kata Course & Grading Registration Centre at West Somerset Sports Centre, Bircham Road, Minehead, TA24 6AY. Juniors & Seniors (All Grades) arrive at 6.45pm for admin, lesson 7.00pm - 8.00pm. With Sensei McCormack, Senior Instructor of the SSKA
Sat 10	 Kata Course & Grading Registration Centre at Countess Wear Village Hall, 28 School Lane, Exeter, EX2 6LB. Juniors & Seniors (All grades) arrive at 8.45am for admin, lesson 9.00am-10.00am with Chief Instructor of the SSKA. Kata Course & Grading Registration Centre and Black & Brown Belt Course Centre at Five Rivers Leisure Centre, Hulse Road, Salisbury, SP1 3NR. Juniors & Seniors (All grades) arrive at 2.45pm for admin, lesson 3.00 - 4.00pm. In the Dance Studio with Chief Instructor of the SSKA. Kata Course & Grading Registration Centre at Strode Leisure Centre, Strode Road, Clevedon, BS21 6QG. Juniors & Seniors (All Grades) arrive at 4.45pm for admin, lesson 5.00-6.00pm. In the Main Sports Hall with Sensei Lewis, Assistant Chief Instructor of the SSKA.
Sun 1	 Kata Course & Grading Registration Centre at Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY. Juniors & Seniors (All grades) arrive at 9.00am for admin, lesson 9.30am-11.00am with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructor assistance. Kata Course & Grading Registration Centre at Grange Leisure & Community Centre, Grange Drive, Swindon, SN3 4JY. Juniors & Seniors (All grades) arrive 1.00pm for admin, lesson 1.30-3.00pm in the Main Sports Hall with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructor assistance.
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ОСТ	DBER
Sun 2	Kyu Grading at Grange Leisure & Community Centre, Grange Drive, Swindon, SN3 4JY. Juniors & Seniors (All Grades) arrive at 9.00am for admin, pre-grading lesson 9.30 - 11.00am. Grading starts approx. 11.30am in the Main Sports Hall with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructors assistance.
Sun 🤉	Black & Brown Belt Course and Black Belt Grading at Grange Leisure & Community Centre, Grange Drive, Swindon, SN3 4JY. Juniors & Seniors arrive at 9.00am for admin, lesson 9.30 - 11.00am. Grading starts approx. 11.30am in the Main Hall with Chief Instructor of the SSKA and Senior Instructor assistance.
Sun 1	Kyu Grading and Black & Brown Belt Course Centre at Five Rivers Leisure Centre, Hulse Road, Salisbury, SPI 3NR. Juniors & Seniors (All Grades) arrive at 2.30pm for admin, pre-grading lesson 3.00pm - 4.00pm. Grading starts approx. 4.15pm in the Small Hall with Chief Instructor of the SSKA, Sensei Lewis and Senior Instructors assistance.
NOV	EMBER
Fri 11	Kata Course & Grading Registration Centre at West Somerset Sports Centre, Bircham Road, Minehead, TA24 6AY. Juniors & Seniors (All Grades) arrive at 6.45pm for admin, lesson 7.00pm - 8.00pm. With Sensei McCormack, Senior Instructor of the SSKA
Sat 12	 Kata Course & Grading Registration Centre at Countess Wear Village Hall, 28 School Lane, Exeter, EX2 6LB. Juniors & Seniors (All grades) arrive at 8.45am for admin, lesson 9.00am-10.00am with Chief Instructor of the SSKA. Kata Course & Grading Registration Centre and Black & Brown Belt Course Centre at Five Rivers Leisure Centre, Hulse Road, Salisbury, SP1 3NR. Juniors & Seniors (All grades) arrive at 2.45pm for admin, lesson 3.00 - 4.00pm. In the Dance Studio with Chief Instructor of the SSKA. Kata Course & Grading Registration Centre at Strode Leisure Centre, Strode Road, Clevedon, BS21 6QG. Juniors & Seniors (All Grades) arrive at 4.45pm for admin, lesson 5.00-6.00pm. In the Main Sports Hall with Sensei Lewis, Assistant Chief Instructor of the SSKA.
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DEC	MBER
Sun 4	Kyu Grading at Grange Leisure & Community Centre, Grange Drive, Swindon, SN3 4JY. Juniors & Seniors (All Grades) arrive at 9.00am for admin, pre-grading lesson 9.30 - 11.00am. Grading starts approx. 11.30am in the Main Sports Hall with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructors assistance.
Sun 11	Black & Brown Belt Course and Black Belt Grading at Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY. Juniors & Seniors arrive at 9.00am for admin, lesson 9.30 - 11.00am. Grading starts approx. 11.30am in the Main Hall with Chief Instructor of the SSKA and Senior Instructor assistance.
Sun 1	Kyu Grading and Black & Brown Belt Course Centre at Five Rivers Leisure Centre, Hulse Road, Salisbury, SPI 3NR. Juniors & Seniors (All Grades) arrive at 2.30pm for admin, pre-grading lesson 3.00pm - 4.00pm. Grading starts approx. 4.15pm in the Small Hall with Chief Instructor of the SSKA, Sensei Lewis and Senior Instructors assistance.

SSKA CENTRES & VENUES

Reading Kata Course & Grading Registration Centre for the S.S.K.A

Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY

Swindon Kyu Grading Centre

Grange Leisure & Community Centre, Grange Drive, Stratton St. Margaret, Swindon, SN3 4JY

Minehead Kata Course & Grading Registration Centre

West Somerset Sports Centre, Bircham Road, Minehead, TA24 6AY

Exeter Kata Course & Grading Registration Centre

Countess Wear Village Hall, 28 School Lane, Exeter, EW2 6LB

Salisbury Kata Course Centre, Grading Registration Centre and Black & Brown Belt Course Centre

Five Rivers Leisure Centre, Hulse Road, Salisbury, SP1 3NR

Clevedon Kata Course & Grading Registration Centre

Strode Leisure Centre, Strode Road, Clevedon, BS21 6QG

Residential Training Centre for Winter & Summer Camp

Trouville Hotel, Priory Road, Bournemouth, Dorset, BH2 5DH

You **must** attend all pre-grading lessons even if you are not grading. If you do not attend, you could lose your grade. You **must** attend a minimum of 4 brown/black belt courses, before you can grade for 1st Dan. A minimum of 8 courses must have been attended, for those wishing to grade for 2nd Dan and above. Therefore, please ensure your course attendance booklet is complete. In addition, you **must** attend a minimum of 4 courses after your Dan grading or you may lose your grade. If you do not comply with the above rules you will not be able to grade. RULING: The Grading Examiners' decision is FINAL. Please ensure you arrive at least 30 minutes before each event in the calendar.

Students grading for black belt and above must register 2 weeks before their grading by emailing Sensei Cole at: **sska595@gmail.com** Please state your name, club, grading centre and the grade you wish to take. This is to allow sufficient time to arrange the grading.

For all license and grading enquiries please contact the SSKA Secretary & Licensing Officer:

Sensei Whitcher, 6th Dan. Telephone: 07903 012340 or E-mail: grading@sska.co.uk

We would like to offer free advertising on the SSKA website for any self-employed person or business who wishes to advertise their services. Please contact Sensei Whitcher, Senior Instructor of the SSKA on 07903 012340 or visit www.sska.co.uk

SSKA Enquiries, phone or text:

NAME	DAN	EMAIL	PHONE	POSITION
Sensei Cole	7 th	sska595@gmail.com	07557 532676	Chief Instructor of the Southern Shotokan Karate Association
Rob Lewis	6 th	rob.sska@virgin.net	07872 019626	Assistant Chief Instructor, Grading Examiner, Complaints & Disputes
Cailey Whitcher	6 th	grading@sska.co.uk	07903 012340	Assistant Chief Instructor, Grading Examiner, Licensing Officer & PA
Geoff Ridgway	5 th	Sensei@FleetKarate.co.uk	07917 759343	Senior Instructor & Assistant Grading Examiner
Tracie Quelch	5 th	tquelch@hotmail.com	07582 716788	Senior Instructor & Assistant Grading Examiner
Trevor Ockwell	6 th	trevor@ockwell.info	07393 572098	Senior Instructor & Grading Assistant
Maxine Thomas	5 th	keithtee@aol.com	07770 410107	Senior Instructor, Secretary & Assistant Grading Examiner
Mark McCormack	4 th	mccormack314@btinternet.com	07729 518269	Senior Instructor & Grading Assistant
George McShane	5 th	georgemcshane59@gmail.com	07770 830067	Senior Instructor & Grading Assistant
John Phillips	4 th	j.phillips147@btinternet.com	07738 798559	Senior Instructor & Grading Assistant
Amanda Dillon	4 th	amandaloudillon@aol.com	07464 809858	Senior Instructor, Secretary & Grading Assistant
Ray Dolphin	4 th	r.dolphin@sky.com	07522 559672	Senior Instructor & Grading Assistant
Tony Kimber	4 th	tkimber@gems-sensors.co.uk	07799 064836	Senior Instructor & Grading Assistant
Terry Tozer	3 rd	info@tjska.com	07790 032354	Senior Instructor & Grading Assistant
Kevin Sanger	3 rd	banger@btinternet.com	07593 166926	Senior Instructor & Grading Assistant
Jo Withey	3 rd	jo@withey.org	07914 401231	Senior Instructor & Grading Assistant
Gary Leyshon	2 nd	wgleyshon@gmail.com	07989 388191	SSKA Promotions Officer

or visit **www.sska.co.uk**

All SSKA instructors are DBS checked and hold Child Protection Policies.

All SSKA instructors are fully qualified and insured to teach.

The SSKA has made every effort to ensure all information is correct at the time of going to press. If there are any changes to the calendar of events, these will appear on the Grading Information Sheet and the SSKA website.

All pre-paid events advertised are non-refundable. Terms & conditions apply.

Please help promote your local karake club by advertising it on social media.