



SOUTHERN SHOTOKAN KARATE ASSOCIATION GRADING INFORMATION SHEET FOR KYU AND DAN GRADES 2019



Please check your Licence expiry date inside your blue book before you send off your grading application. If your licence has expired, please see your instructor for a renewal form.

Pre-Grading lessons and karate courses will take place for all S.S.K.A students at the grading centres listed. The Pre-Grading lesson is very important as it will take you through the syllabus required for your grade. All grades regardless of rank must attend one of the pre-grading lessons and karate courses. Those not grading must also attend and will pay their lesson fee on the day to an S.S.K.A official who will be checking licences. If your licence is not produced, you may lose your grade. Two lesson fees are payable at the following pre-grading/grading centres: EXETER, SALISBURY, MINEHEAD & CLEVEDON. (1) A pre-grading lesson fee will be taken on the pre-grading day. (2) A grading lesson fee will be paid for in advance on the Grading Return Form.

Pre-Grading Centres for 10th Kyu Beginner to Black Belts

You must attend these lessons or you will be unable to grade, unless you have a valid reason.

If you are unable to attend these lessons, you must give notice in writing to one of the Grading Centres or to your Club Instructor.

EXETER SATURDAY 14th SEPTEMBER

Also a Brown & Black Belt Grading Centre (£18 per lesson)

WONFORD SPORTS CENTRE, RIFFORD ROAD, EXETER, EX2 6NF.

Lesson times: Juniors & Seniors (All grades) arrive at **9.45am** for admin, lesson **10.00am-11.00am**.
In the Main Hall with Chief Instructor of the SSKA.
Lesson Fee Applies: £14.00 per person or £29.00 for a family of 3 or more.

MINEHEAD SATURDAY 14th SEPTEMBER

West Somerset Sports Centre, Bircham Road, Minehead, TA24 6AY.

Lesson times: Juniors & Seniors (All Grades) arrive at 1.00pm for admin, lesson 1.30pm-3.00pm.
With Sensei McCormack, Senior Instructor of the SSKA.
Lesson Fee Applies: £14.00 per person or £29.00 for a family of 3 or more.

SALISBURY SATURDAY 14th SEPTEMBER

Also a Brown & Black Belt Course Centre (£18 per lesson)

Sarum Academy, Westwood Road, Salisbury, Wiltshire, SP2 9HS.

Lesson times: Juniors & Seniors (All grades) arrive at **2.30pm** for admin, lesson **3.00pm-4.00pm**.
In the Gym with Chief Instructor of the SSKA.
Lesson Fee Applies: £14.00 per person or £29.00 for a family of 3 or more.

CLEVEDON SATURDAY 14th SEPTEMBER

Strode Leisure Centre, Strode Road, Clevedon, BS21 6QG.

Lesson times: Juniors & Seniors (All grades) arrive **4.30pm** for admin, lesson **5.00-6.00pm**
In the Main Sports Hall with Sensei Lewis, Assistant Chief Instructor.
Lesson Fee Applies: £14.00 per person or £29.00 for a family of 3 or more.

READING SUNDAY 15th SEPTEMBER

Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY.

Lesson times: Juniors & Seniors (All grades) arrive at **8.45am** for admin, lesson **9.30am-11.00am**.
With Chief Instructor of the SSKA, Sensei Lewis Assistant Chief Instructor,
Sensei Whitcher Assistant Chief Instructor & Senior Instructor assistance.

SWINDON SUNDAY 15th SEPTEMBER

Dorcan Recreation Complex, St Paul's Drive, Swindon SN3 5BY.

Lesson times: Juniors & Seniors (All grades) arrive **1.00pm** for admin, lesson **1.30-3.00pm** in the Main Sports Hall.
With Chief Instructor of the SSKA, Sensei Lewis Assistant Chief Instructor,
Sensei Whitcher Assistant Chief Instructor & Senior Instructor assistance.

Please ensure your Club Badge and SSKA Badge are clearly emblazoned on your karate suit before grading. You will NOT be allowed to grade without them. These two badges can be purchased for £12 or embroidered onto your karate suit for £20. Please see your club instructor for details.

All grading documentation ie. blue licence grading book, application and grading fees must be received by

SUNDAY 15th SEPTEMBER 2019.

Late submissions will be accepted only if they are accompanied by the administration surcharge of £10.



Kyu Grading and Lesson Fees

10th kyu (white belt) to 2nd kyu (brown +1 white)

Junior (up to 15 years old) grading fee (£27.00) + grading lesson fee (£14.00) total £41.00

Senior (16 years and over) grading fee (£29.00) + grading lesson fee (£14.00) total £43.00

1st kyu (brown + 2 white)

Senior and Junior grading fee (£38.00) + grading lesson fee (£14.00) total £52.00

All fees shown apply to individuals only. Any family of 3 or more will pay a grading fee for each individual + a family rate of £29.00 per lesson.

You Must order and pay for your belt on your Grading Return Form to have your belt presented to you by Sensei Cole, with your grading certificate, as there will be no belts for sale on the grading days.

Belt Prices Plain belt: £4.50 Plain with 1 stripe: £5.00 Plain with 2 stripes: £5.50

Please Note: ALL fees are non-refundable and non-transferable.

Checklist for Kyu Grades Only

BEFORE YOU POST, ENSURE YOU HAVE COMPLETED THE FOLLOWING:

- Completed the grading return form
- Included payment
- Checked your licence is valid
- Included you blue licence/grading book

Kyu Grading Centres & Black Belt Training Centres

EXETER SATURDAY 21st SEPTEMBER

BROWN & BLACK BELT COURSE CENTRE (£18 per lesson)

Wonford Sports Centre, Rifford Road, Exeter, EX2 6NF.

Lesson times:-

Juniors & Seniors (All Grades) arrive at **9.30am** for admin, lesson **10.00 - 11.00am**.

Kyu Gradings start at approx. **11.15am** in the Main Hall, followed by the Black Belt Grading at approx. **12 noon**. With Chief Instructor of the SSKA, Sensei Lewis Assistant Chief Instructor and Senior Instructor assistance.

SALISBURY SUNDAY 22nd SEPTEMBER

BROWN & BLACK BELT COURSE CENTRE (£18 per lesson)

Sarum Academy, Westwood Road, Salisbury, Wiltshire, SP2 9HS.

Lesson times:-

Juniors & Seniors (All Grades) arrive at **11.30am** for admin, lesson **12 noon - 1.00pm**.

Gradings start at approx. **1.15pm** in the Small Hall with Chief Instructor of the SSKA, Sensei Lewis Assistant Chief Instructor and Senior Instructors assistance.

READING SUNDAY 29th SEPTEMBER

Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY.

Lesson times:-

Juniors & Seniors (All Grades) arrive at **8.45am** for admin, lesson **9.15 - 10.45am**.

Gradings start at approx. **11.00am** with Chief Instructor of the SSKA, Sensei Lewis Assistant Chief Instructor, Sensei Whitcher Assistant Chief Instructor and Senior Instructor assistance.

SWINDON SUNDAY 6th OCTOBER

Dorcan Recreation Complex, St Paul's Drive, Swindon SN3 5BY.

Lesson times:-

Juniors & Seniors (All Grades) arrive at **8.45am** for admin, lesson **9.15 - 10.45am**.

Gradings start at approx. **11.00am** in the Main Sports Hall with Chief Instructor of the SSKA, Sensei Lewis Assistant Chief Instructor, Sensei Whitcher Assistant Chief Instructor and Senior Instructor assistance.



Black Belt Grading Centres



EXETER SATURDAY 21st SEPTEMBER

Brown & Black Belt Course and Grading Centre (£18 per lesson)

Wonford Sports Centre, Rifford Road, Exeter, EX2 6NF.

Times: Juniors & Seniors (All Grades) arrive at **9.30am** for admin, lesson **10.00 - 11.00am**.

Kyu Gradings start at approx. **11.15am** in the Main Hall, followed by the Black Belt Grading at approx. 12 noon. With Chief Instructor of the SSKA, Sensei Lewis Assistant Chief Instructor and Senior Instructor assistance.

SWINDON SUNDAY 13th OCTOBER

Brown & Black Belt Course and Grading Centre (£18 per lesson)

Dorcan Recreation Complex, St Paul's Drive, Swindon SN3 5BY.

Times: Juniors and Seniors to arrive **8.45am** for admin, lesson **9.30 - 11.00am**.

Gradings start at approx. **11.15am** in the Main Hall with Chief Instructor of the SSKA, Sensei Lewis and Sensei Whitcher, Assistant Chief Instructors and Senior Instructor assistance.

These courses are for brown and black belts only. The course and gradings are conducted by Sensei Stuart Cole, 7th Dan, Chief Instructor of the S.S.K.A. No free lessons are available on this day. All examination fees/lesson fees are payable on the day. Do not fill in the attached Grading Return Sheet, this is for Kyu Grades only.

Students must obtain written permission from their club instructor to grade.

Please ensure your Club Badge and SSKA Badge are clearly emblazoned on your karate suit before grading. You will NOT be allowed to grade without them. These two badges can be purchased for £12 or embroidered onto your karate suit for £20. Please see your club instructor for details.

Students grading for black belt and above must register 2 weeks before their grading by emailing Sensei Cole at: sska595@gmail.com - Please state your name, license number, club, grading centre and the grade you wish to take. This is to allow sufficient time to arrange the grading.

Black Belt Lesson & Grading Fees

1st Dan Exam Fee (£60.00) + Pass Fee (£60.00) Total £120.00
2nd Dan Exam Fee (£70.00) + Pass Fee (£70.00) Total £140.00
3rd Dan Exam Fee (£90.00) + Pass Fee (£90.00) Total £180.00
4th Dan Exam Fee (£110.00) + Pass Fee (£110.00) Total £220.00
5th Dan Exam Fee (£130.00) + Pass Fee (£130.00) Total £260.00
6th Dan Exam Fee (£150.00) + Pass Fee (£150.00) Total £300.00

Please note: ALL fees are non-refundable and non-transferable.

Black Belt Lesson Fees &

Black Belt Course Centre (Salisbury)

Juniors and Seniors lesson fee: **£18.00**
(No Special Rates on Black Belt Courses).

Ruling: You must attend a minimum of 4 brown/black belt courses before you may grade for 1st Dan. A minimum of 8 courses must have been attended for those wishing to grade for 2nd Dan and above.

Ruling: The Grading Examiner's decision is FINAL.

SSKA Enquiries and help with your karate training

NAME	DAN	EMAIL	PHONE	POSITION
Sensei Cole	7 th	sska595@gmail.com	07557 532676	Chief Instructor of the Southern Shotokan Karate Association
Rob Lewis	6 th	rob.sska@virgin.net	07872 019626	Assistant Chief Instructor, Grading Examiner, Complaints & Disputes
Cailey Whitcher	6 th	grading@sska.co.uk	07903 012340	Assistant Chief Instructor, Grading Examiner, Licensing Officer & PA
Tracy Haley	5 th	rob.sska@virgin.net	07872 019626	Senior Instructor & Assistant Grading Examiner
Geoff Ridgway	5 th	Sensei@FleetKarate.co.uk	07917 759343	Senior Instructor & Assistant Grading Examiner
Tracie Quelch	4 th	tquelch@hotmail.com	07582 716788	Senior Instructor & Assistant Grading Examiner
Maxine Thomas	4 th	keithtee@aol.com	07770 410107	Senior Instructor, Secretary & Assistant Grading Examiner
Mark McCormack	4 th	mccormack314@btinternet.com	07729 518269	Senior Instructor & Grading Assistant
George McShane	4 th	georgemcshane59@gmail.com	07770 830067	Senior Instructor & Grading Assistant
Dene Marshallsay	4 th	calne.shotokan.karate@gmail.com	07867 800853	Senior Instructor & Grading Assistant
Craig Garrod	4 th	candjgarrod@sky.com	07787 228154	Senior Instructor & Grading Assistant
Richard Ellis	4 th	richard_ellis@btinternet.com	07809 210048	Senior Instructor & Grading Assistant
John Phillips	4 th	j.phillips147@btinternet.com	07738 798559	Senior Instructor & Grading Assistant
Amanda Dillon	4 th	amandaloudillon@aol.com	07464 809858	Senior Instructor, Secretary & Grading Assistant
Ray Dolphin	4 th	r.dolphin@sky.com	07522 559672	Senior Instructor & Grading Assistant
Tony Kimber	4 th	tkimber@gems-sensors.co.uk	07799 064836	Senior Instructor & Grading Assistant
Zoe Cummins	4 th	r.dolphin@sky.com	07522 559672	Senior Instructor & Grading Assistant
Terry Tozer	3 rd	info@tjska.com	07790 032354	Senior Instructor & Grading Assistant
Kevin Sanger	3 rd	banger@btinternet.com	07593 166926	Senior Instructor & Grading Assistant
Jo Withey	3 rd	jo@withey.org	07914 401231	Senior Instructor & Grading Assistant
Trevor Ockwell	5 th	...	07393 572098	Relief Instructor
Ann Preece	2 nd	...	07795 575617	Relief Instructor
Gary Leyshon	2 nd	wgleyshon@gmail.com	07989 388191	SSKA Promotions Officer

We would like to offer free advertising on the SSKA website for any self-employed person or business who wishes to advertise their services. Please contact Sensei Whitcher (6th Dan) assistant chief instructor on 07903 012340 or visit www.sska.co.uk.



SSKA GRADING RETURN FORM



PLEASE INDICATE WHICH CENTRE YOU WISH TO GRADE AT:

EXETER [] SALISBURY [] READING [] SWINDON []

Please check your Licence expiry date inside your blue book before you send off your grading application. If your licence has expired, please see your instructor for a renewal form.

IF YOU WISH TO GRADE, YOU MUST ASK PERMISSION FROM YOUR CLUB INSTRUCTOR, BEFORE RETURNING THIS FORM, BEFORE SUNDAY 15th SEPTEMBER 2019

PLEASE RETURN THIS FORM TO ONE OF THE GRADING CENTRES, OR TO YOUR CLUB INSTRUCTOR TO BE CHECKED AND PROCESSED. IF YOU CANNOT GET TO SEE YOUR INSTRUCTOR OR CANNOT GET TO ONE OF THE GRADING CENTRES, PLEASE CONTACT YOUR INSTRUCTOR AND ASK THEM FOR THE POSTAL ADDRESS.

ALL APPLICATIONS MUST BE ACCOMPANIED BY A CURRENT VALID LICENCE, BLUE LICENCE GRADING BOOK AND YOUR GRADING/ LESSON FEES.

PAYMENT MUST BE MADE BY CASH, CHEQUE OR POSTAL ORDER, PAYABLE TO, 'THE S.S.K.A.'. (PLEASE WRITE YOUR NAME, ADDRESS, TELEPHONE NUMBER, CHEQUE CARD NUMBER & CLUB ON THE BACK OF EACH CHEQUE). PAYMENT ON THE DAY OR LATE GRADING APPLICATIONS WILL BE ACCEPTED ONLY IF THEY ARE ACCOMPANIED BY THE ADMINISTRATION SURCHARGE OF £10.

PLEASE NOTE THAT A £10.00 BANKER'S CHARGE WILL BE APPLIED IF ANY CHEQUE IS RETURNED BY THE BANK. ALL PAYMENTS TO THE SSKA ARE NON REFUNDABLE.

PROVIDED NEW OR RENEWAL LICENCE APPLICATIONS HAVE BEEN POSTED TO THE SSKA MAIN OFFICE, INDIVIDUALS WILL BE ALLOWED TO GRADE. (If you have applied for a new/renewal licence near the grading period the SSKA will keep the licence until we have received your Grading Return Form. Your licence will be returned to you with your certificate and your new belt at your grading centre once you have graded).

****FAMILIES OF 3 OR MORE ONLY**** PLEASE USE ONE SHEET PER INDIVIDUAL AND COMPLETE PAYMENT DETAILS ON THE FORM USED BY THE MOST SENIOR MEMBER. PLEASE DO NOT COMPLETE PAYMENT DETAILS ON EACH FORM.

NAME TO APPEAR ON CERTIFICATE (IN BLOCK CAPITALS). CARE : IF A CERTIFICATE HAS TO BE RE-ISSUED BECAUSE OF MISSPELLING, A CHARGE OF £10 WILL BE REQUESTED.

NAME TO APPEAR ON CERTIFICATE _____

ADDRESS _____

DATE OF BIRTH _____ CONTACT TEL NO _____

PRESENT GRADE _____ INSTRUCTOR _____ LICENCE NO. _____

NAME OF HOMBU (HOME DOJO) _____

LAST EXAMINER _____ DATE OF LAST GRADING _____

BELT PRICES Please TICK size of belt required : (240/250cm) [] (280cm) [] (320cm) []
Belt Prices Plain belt: £4.50 Plain with 1 stripe: £5.00 Plain with 2 stripes: £5.50

BELTS CAN ONLY BE PURCHASED FROM THE SSKA.

GRADING FEES

* JUNIOR or SENIOR GRADING FEE £..... + GRADING DAY LESSON FEE £..... SUB-TOTAL £.....

* FAMILY GRADING FEE TOTAL £..... + FAMILY LESSON FEE £29.00 SUB-TOTAL £.....

(For Families of 3 or more)

PRE-GRADING LESSON FEE £.....

Please help promote your local karate club by advertising it on social media.

TOTAL BELT COST £.....

www.facebook.com/southernshotokan

SURCHARGE £.....

TOTAL AMOUNT £.....

If you wish to receive news and updates on all future SSKA events please write your e-mail address in the space below.

APPLICANT'S SIGNATURE.....(Parent or guardian if under 16yrs) DATE.....20.....

Terms and conditions apply. We will not process your Grading Return Form unless it has been signed by your Club Instructor.

CLUB INSTRUCTORS NAME GRADE

CLUB INSTRUCTOR'S SIGNATURE.....DOJO.....DATE.....20.....

For all enquiries or the address to send this form to please contact Sensei Cole by phone or text 07557 532676 or email sska595@gmail.com

We value your privacy. Your personal information will be kept confidential and will never be sold to third parties. It will only be used for communications related to Southern Shotokan Karate Association.

All dates & times are correct at the time of printing but are subject to change. All times are approximate. Terms & conditions apply.