



SOUTHERN SHOTOKAN KARATE ASSOCIATION



Calendar 2019

JANUARY

M	T	W	T	F	S	S
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FEBRUARY

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MARCH

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APRIL

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JUNE

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NOVEMBER

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Key: ■ Pre-grading ■ Grading ■ Black Belt Grading ■ Bank Holiday ■ Residential Course ■ Instructor's/Kata Course/Competition

JANUARY

Sun 20	Open Free Instructor's Information Course at Dorcan Recreation Complex, St Paul's Drive, Swindon SN3 5BY. 3.00 - 5.00pm. This course is for all instructors, including junior instructors, and anyone 4th Kyu and above who would like to become an instructor and run an SSKA club. The course will give you new ideas about teaching your students, advice on the promotion of your clubs and also concentrating on your own Karate to help you progress. Also Judging and Refereeing Course for the SSKA National Championship Competition. For all enquiries phone or text the SSKA 07557 532676.
Thur 31	Free Instructor's Information Course and Grading at the Trouville Hotel, Priory Road, Bournemouth, BH2 5DH. Arrive at 12.30pm for a lesson 1.00 - 2.30pm, gradings start at 3.00pm. This course is for all instructors, including junior instructors, and anyone 4th Kyu and above who would like to become an instructor and run an SSKA club. The course will give you new ideas about teaching your students, advice on the promotion of your clubs and also concentrating on your own Karate to help you progress. Also Judging and Refereeing Course for the SSKA National Championship Competition. For all enquiries phone or text the SSKA 07557 532676.

FEBRUARY

Fri 1	21st Winter Karate Camp - Friday 1st February to Sunday 3rd February 2019 for SSKA members, family and friends. For all grades with Chief Instructor of the S.S.K.A and Senior Instructor assistance.
Sat 2	Staying and training at the Trouville Hotel, Priory Road, Bournemouth, BH2 5DH. Training fee: £85 for the course or £30 per day.
Sun 3	If members require accommodation please contact 01202 552262 and tell them that you are a member of the SSKA to get your discount. Please make sure you have paid the SSKA fees before you book your room.
Sat 23	Pre-grading at Wonford Sports Centre, Rifford Road, Exeter, EX2 6NF. Juniors & Seniors (All grades) arrive at 9.45am for admin, lesson 10.00am-11.00am with Chief Instructor of the SSKA. Pre-grading at West Somerset Sports Centre, Bircham Road, Minehead, TA24 6AY. Juniors & Seniors (All Grades) arrive at 1.00pm for admin, lesson 1.30-3.00pm. With Sensei McCormack. Pre-grading for Kyu Grades and Black & Brown Belt Course Centre at Sarum Academy, Westwood Road, Salisbury, Wiltshire, SP2 9HS - Juniors & Seniors (All grades) arrive at 2.30pm for admin, lesson 3.00 - 4.00pm. In the Gym with Chief Instructor of the SSKA. Pre-grading at Strode Leisure Centre, Strode Road, Clevedon, BS21 6QG. Juniors & Seniors (All Grades) arrive at 4.30pm for admin, lesson 5.00-6.00pm. With Sensei Lewis.
Sun 24	Pre-grading at Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY. Juniors & Seniors (All grades) arrive at 8.45am for admin, lesson 9.30am-11.00am with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructor assistance. Pre-grading at Dorcan Recreation Complex, St Paul's Drive, Swindon SN3 5BY. Juniors & Seniors (All grades) arrive 1.00pm for admin, lesson 1.30-3.00pm in the Main Sports Hall with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructor assistance.

MARCH

Sat 2	Kyu and Black Belt Grading Centre at Wonford Sports Centre, Rifford Road, Exeter, EX2 6NF. Juniors & Seniors (All Grades) arrive at 9.30am for admin, lesson 10.00 - 11.00am. Kyu Gradings start at approx. 11.15am in the Main Hall. Black Belt Gradings start at approx. 12 noon in the Main Hall with Chief Instructor of the SSKA, Sensei Lewis and Senior Instructor assistance.
Sun 3	Kyu Grading and Black & Brown Belt Course Centre at Sarum Academy, Westwood Rd., Salisbury, Wiltshire, SP2 9HS. Juniors & Seniors (All Grades) arrive at 11.30am for admin, lesson 12 noon - 1.00pm. Grading starts approx. 1.15pm in the Small Hall with Chief Instructor of the SSKA, Sensei Lewis and Senior Instructors assistance. (If there are not many students grading the lesson will be 1½ hours long.)
Sun 10	Kyu Grading at Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY. Juniors & Seniors (All Grades) arrive at 8.45am for admin, lesson 9.15 - 10.45am. Gradings start at 11.00am with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructor assistance.
Sun 17	Kyu Grading at Dorcan Recreation Complex, St Paul's Drive, Swindon SN3 5BY. Juniors & Seniors (All Grades) arrive at 8.45am for admin, lesson 9.15 - 10.45am. Grading starts approx. 11.00am in the Main Sports Hall with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructors assistance.
Sun 24	Black & Brown Belt Course and Black Belt Grading at Dorcan Recreation Complex, St Paul's Drive, Swindon SN3 5BY. Juniors & Seniors arrive at 8.45am for admin, lesson 9.30 - 11.00am. Grading starts approx. 11.15am in the Main Hall with Chief Instructor of the SSKA and Senior Instructor assistance.

JUNE

Sat 1	Pre-grading at Wonford Sports Centre, Rifford Road, Exeter, EX2 6NF. Juniors & Seniors (All grades) arrive at 9.45am for admin, lesson 10.00am-11.00am with Chief Instructor of the SSKA. Pre-grading at West Somerset Sports Centre, Bircham Road, Minehead, TA24 6AY. Juniors & Seniors (All Grades) arrive at 1.00pm for admin, lesson 1.30-3.00pm. With Sensei McCormack. Pre-grading for Kyu Grades and Black & Brown Belt Course Centre at Sarum Academy, Westwood Road, Salisbury, Wiltshire, SP2 9HS - Juniors & Seniors (All grades) arrive at 2.30pm for admin, lesson 3.00 - 4.00pm. In the Gym with Chief Instructor of the SSKA. Pre-grading at Strode Leisure Centre, Strode Road, Clevedon, BS21 6QG. Juniors & Seniors (All Grades) arrive at 4.30pm for admin, lesson 5.00-6.00pm. With Sensei Lewis.
Sun 2	Pre-grading at Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY. Juniors & Seniors (All grades) arrive at 8.45am for admin, lesson 9.30am-11.00am with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructor assistance. Pre-grading at Dorcan Recreation Complex, St Paul's Drive, Swindon SN3 5BY. Juniors & Seniors (All grades) arrive 1.00pm for admin, lesson 1.30-3.00pm in the Main Sports Hall with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructor assistance.
Sat 8	Kyu and Black Belt Grading Centre at Wonford Sports Centre, Rifford Road, Exeter, EX2 6NF. Juniors & Seniors (All Grades) arrive at 9.30am for admin, lesson 10.00 - 11.00am. Kyu Gradings start at approx. 11.15am in the Main Hall. Black Belt Gradings start at approx. 12 noon in the Main Hall with Chief Instructor of the SSKA, Sensei Lewis and Senior Instructor assistance.
Sun 9	Kyu Grading and Black & Brown Belt Course Centre at Sarum Academy, Westwood Rd., Salisbury, Wiltshire, SP2 9HS. Juniors & Seniors (All Grades) arrive at 11.30am for admin, lesson 12 noon - 1.00pm. Grading starts approx. 1.15pm in the Small Hall with Chief Instructor of the SSKA, Sensei Lewis and Senior Instructors assistance. (If there are not many students grading the lesson will be 1½ hours long.)
Sun 16	Kyu Grading at Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY. Juniors & Seniors (All Grades) arrive at 8.45am for admin, lesson 9.15 - 10.45am. Gradings start at 11.00am with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructor assistance.
Sun 23	Kyu Grading at Dorcan Recreation Complex, St Paul's Drive, Swindon SN3 5BY. Juniors & Seniors (All Grades) arrive at 8.45am for admin, lesson 9.15 - 10.45am. Grading starts approx. 11.00am in the Main Sports Hall with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructors assistance.
Sun 30	Black & Brown Belt Course and Black Belt Grading at Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY. Juniors & Seniors arrive at 8.45am for admin, lesson 9.30 - 11.00am. Grading starts approx. 11.15am in the Main Hall with Chief Instructor of the SSKA and Senior Instructor assistance.

JULY

Sun 7	SSKA Annual Kata Course at Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY. Juniors & Seniors (All Grades) arrive at 8.45am, course 9.30am-11.30am. £15 per person, £25 for family of 2, £35 for family of 3, £45 for family of 4. (please see grading sheets or the sska website for details). Please pay early as spaces are limited and are on a first come, first served basis. (If spaces are available you can pay on the day). For all enquiries phone or text the SSKA 07557 532676.
Sun 14	SSKA National Championship at Dorcan Recreation Complex, St Paul's Drive, Swindon SN3 5BY. All competitors and spectators arrive at 9.30am. For details phone or text the SSKA 07557 532676

AUGUST

Thur 8	Free Instructor's Information Course and Grading at the Trouville Hotel, Priory Road, Bournemouth, BH2 5DH. Arrive at 12.30pm for a lesson 1.00 - 2.30pm, gradings start at 3.00pm. This course is for all instructors, including junior instructors, and anyone 4th Kyu and above who would like to become an instructor and run an SSKA club. The course will give you new ideas about teaching your students, advice on the promotion of your clubs and also concentrating on your own Karate to help you progress. For all enquiries phone or text the SSKA 07557 532676.
Fri 9	21st Summer Karate Camp - Friday 9th to Sunday 11th August 2019 for SSKA members, family and friends. For all grades with Chief Instructor of the S.S.K.A. and Senior Instructor assistance.
Sat 10	Staying and training at the Trouville Hotel, Priory Road, Bournemouth, BH2 5DH. Training fee: £85 for the course or £30 per day.
Sun 11	If members require accommodation please contact 01202 552262 and tell them that you are a member of the SSKA to get your discount. Please make sure you have paid the SSKA fees before you book your room.

SEPTEMBER

Sat 14	Pre-grading at Wonford Sports Centre, Rifford Road, Exeter, EX2 6NF. Juniors & Seniors (All grades) arrive at 9.45am for admin, lesson 10.00am-11.00am with Chief Instructor of the SSKA. Pre-grading at West Somerset Sports Centre, Bircham Road, Minehead, TA24 6AY. Juniors & Seniors (All Grades) arrive at 1.00pm for admin, lesson 1.30-3.00pm. With Sensei McCormack. Pre-grading for Kyu Grades and Black & Brown Belt Course Centre at Sarum Academy, Westwood Road, Salisbury, Wiltshire, SP2 9HS - Juniors & Seniors (All grades) arrive at 2.30pm for admin, lesson 3.00 - 4.00pm. In the Gym with Chief Instructor of the SSKA. Pre-grading at Strode Leisure Centre, Strode Road, Clevedon, BS21 6QG. Juniors & Seniors (All Grades) arrive at 4.30pm for admin, lesson 5.00-6.00pm. With Sensei Lewis.
Sun 15	Pre-grading at Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY. Juniors & Seniors (All grades) arrive at 8.45am for admin, lesson 9.30am-11.00am with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructor assistance. Pre-grading at Dorcan Recreation Complex, St Paul's Drive, Swindon SN3 5BY. Juniors & Seniors (All grades) arrive 1.00pm for admin, lesson 1.30-3.00pm in the Main Sports Hall with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructor assistance.
Sat 21	Kyu and Black Belt Grading Centre at Wonford Sports Centre, Rifford Road, Exeter, EX2 6NF. Juniors & Seniors (All Grades) arrive at 9.30am for admin, lesson 10.00 - 11.00am. Kyu Gradings start at approx. 11.15am in the Main Hall. Black Belt Gradings start at approx. 12 noon in the Main Hall with Chief Instructor of the SSKA, Sensei Lewis and Senior Instructor assistance.
Sun 22	Kyu Grading and Black & Brown Belt Course Centre at Sarum Academy, Westwood Rd., Salisbury, Wiltshire, SP2 9HS. Juniors & Seniors (All Grades) arrive at 11.30am for admin, lesson 12 noon - 1.00pm. Grading starts approx. 1.15pm in the Small Hall with Chief Instructor of the SSKA, Sensei Lewis and Senior Instructors assistance. (If there are not many students grading the lesson will be 1½ hours long.)
Sun 29	Kyu Grading at Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY. Juniors & Seniors (All Grades) arrive at 8.45am for admin, lesson 9.15 - 10.45am. Gradings start at 11.00am with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructor assistance.

OCTOBER

Sun 6	Kyu Grading at Dorcan Recreation Complex, St Paul's Drive, Swindon SN3 5BY. Juniors & Seniors (All Grades) arrive at 8.45am for admin, lesson 9.15 - 10.45am. Grading starts approx. 11.00am in the Main Sports Hall with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructors assistance.
Sun 13	Black & Brown Belt Course and Black Belt Grading at Dorcan Recreation Complex, St Paul's Drive, Swindon SN3 5BY. Juniors & Seniors arrive at 8.45am for admin, lesson 9.30 - 11.00am. Grading starts approx. 11.15am in the Main Hall with Chief Instructor of the SSKA and Senior Instructor assistance.

NOVEMBER

Sat 16	Pre-grading at Wonford Sports Centre, Rifford Road, Exeter, EX2 6NF. Juniors & Seniors (All grades) arrive at 9.45am for admin, lesson 10.00am-11.00am with Chief Instructor of the SSKA. Pre-grading at West Somerset Sports Centre, Bircham Road, Minehead, TA24 6AY. Juniors & Seniors (All Grades) arrive at 1.00pm for admin, lesson 1.30-3.00pm. With Sensei McCormack. Pre-grading for Kyu Grades and Black & Brown Belt Course Centre at Sarum Academy, Westwood Road, Salisbury, Wiltshire, SP2 9HS - Juniors & Seniors (All grades) arrive at 2.30pm for admin, lesson 3.00 - 4.00pm. In the Gym with Chief Instructor of the SSKA. Pre-grading at Strode Leisure Centre, Strode Road, Clevedon, BS21 6QG. Juniors & Seniors (All Grades) arrive at 4.30pm for admin, lesson 5.00-6.00pm. With Sensei Lewis.
Sun 17	Pre-grading at Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY. Juniors & Seniors (All grades) arrive at 8.45am for admin, lesson 9.30am-11.00am with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructor assistance. Pre-grading at Dorcan Recreation Complex, St Paul's Drive, Swindon SN3 5BY. Juniors & Seniors (All grades) arrive 1.00pm for admin, lesson 1.30-3.00pm in the Main Sports Hall with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructor assistance.
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Sun 24	Kyu Grading and Black & Brown Belt Course Centre at Sarum Academy, Westwood Rd., Salisbury, Wiltshire, SP2 9HS. Juniors & Seniors (All Grades) arrive at 11.30am for admin, lesson 12 noon - 1.00pm. Grading starts approx. 1.15pm in the Small Hall with Chief Instructor of the SSKA, Sensei Lewis and Senior Instructors assistance. (If there are not many students grading the lesson will be 1½ hours long.)

DECEMBER

Sun 1	Kyu Grading at Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY. Juniors & Seniors (All Grades) arrive at 8.45am for admin, lesson 9.15 - 10.45am. Gradings start at 11.00am with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructor assistance.
Sun 8	Kyu Grading at Dorcan Recreation Complex, St Paul's Drive, Swindon SN3 5BY. Juniors & Seniors (All Grades) arrive at 8.45am for admin, lesson 9.15 - 10.45am. Grading starts approx. 11.00am in the Main Sports Hall with Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructors assistance.
Sun 15	Black & Brown Belt Course and Black Belt Grading at Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY. Juniors & Seniors arrive at 8.45am for admin, lesson 9.30 - 11.00am. Grading starts approx. 11.15am in the Main Hall with Chief Instructor of the SSKA and Senior Instructor assistance.

SSKA CENTRES & VENUES

Main Pre-Grading, Kyu & Dan Grading Course Centre for the S.S.K.AWoodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY

Central Pre-Grading, Kyu & Dan Grading Course CentreDorcan Recreation Complex, St Paul's Drive, Swindon SN3 5BY

Western Kyu Pre-Grading Course CentreWest Somerset Sports Centre, Bircham Road, Minehead, TA24 6AY

South West Kyu & Dan Grading Course CentreWonford Sports Centre, Rifford Road, Exeter, EX2 6NF

Southern Pre-Grading and Black & Brown Belt Course CentreSarum Academy, Westwood Road, Salisbury, Wiltshire, SP2 9HS

Western Kyu Pre-Grading Course CentreStrode Leisure Centre, Strode Road, Clevedon, BS21 6QG

Residential Training Centre for Winter & Summer CampTrouville Hotel, Priory Road, Bournemouth, Dorset, BH2 5DH

You **must** attend all pre-grading lessons even if you are not grading. If you do not attend, you could lose your grade. You **must** attend a minimum of 4 brown/black belt courses, before you can grade for 1st Dan. A minimum of 8 courses must have been attended, for those wishing to grade for 2nd Dan and above. Therefore, please ensure your course attendance booklet is complete. In addition, you **must** attend a minimum of 4 courses after your Dan grading or you may lose your grade.

If you do not comply with the above rules you will not be able to grade. RULING: The Grading Examiners' decision is FINAL.

Please ensure you arrive at least 30 minutes before each event in the calendar.

Students grading for black belt and above must register 2 weeks before their grading by emailing Sensei Cole at: **sska595@gmail.com**

Please state your name, club, grading centre and the grade you wish to take. This is to allow sufficient time to arrange the grading.

SSKA Secretary & Licensing Officer:

Sensei Whitcher, 6th Dan, Senior Instructor of the SSKA. Telephone: 07903 012340 or E-mail: grading@sska.co.uk

We would like to offer free advertising on the SSKA website for any self-employed person or business who wishes to advertise their services.

Please contact Sensei Whitcher, Senior Instructor of the SSKA on 07903 012340 or visit www.sska.co.uk.

SSKA Enquiries, phone or text: **Sensei Cole** 7th Dan, Chief Instructor of the SSKA sska595@gmail.com or 07557 532676

Sensei Lewis.....6th Dan, Senior Instructor & Grading Examiner of the SSKA 07872 019626

Sensei Whitcher.....6th Dan, Senior Instructor & Grading Examiner of the SSKA 07903 012340

 or visit **www.sska.co.uk**

All SSKA instructors are DBS checked and hold Child Protection Policies. All SSKA instructors are fully qualified and insured to teach.

The SSKA has made every effort to ensure all information is correct at the time of going to press. If there are any changes to the calendar of events, these will appear on the Grading Information Sheet and the SSKA website. All pre-paid events advertised are non-refundable. Terms & conditions apply.

Please help promote your local karate club by advertising it on social media.