

OPEN
TO ALL
GRADES

21st SUMMER CAMP 2019

FOR SSKA MEMBERS ONLY & THEIR FAMILIES & FRIENDS

Friday 9th - Sunday 11th August 2019

with

Sensei Cole, 7th Dan Chief Instructor of the SSKA
Sensei Lewis, 6th Dan Assistant Chief Instructor of the SSKA
Sensei Whitcher, 6th Dan Assistant Chief Instructor of the SSKA
& Senior Instructor Assistance

"A warm welcome is offered to everyone. Come along and enjoy the training and evening socialising with us."

All training and accommodation at the Trouville Hotel, Bournemouth • www.trouvillehotel.com

FRIDAY

Instructors arrive at the hotel before 9.30am
Student arrive before 10.30am

9.30am to 10.30am
10.30am to 10.45am
10.45am to 11.15am

11.15am to 11.30am
11.30am to 12.30pm
12.30pm to 12.45pm
12.45pm to 1.45pm
1.45pm to 2.00pm
2.00pm to 3.00pm
3.00pm to 3.15pm
3.15pm to 4.15pm
4.15pm to 4.30pm
4.30pm to 5.30pm

Instructor's Course
Break
Warm up and stretching session to keep you loose and warmed up through out the day.
Break
Lesson 1
Break
Lesson 2
Break
Lesson 3
Break
Lesson 4
Break
Lesson 5

Meet in the reception for training on the beach if the weather is ok. If not it might be in the swimming pool or the dojo.

6.00pm Instructors registration for grading on saturday
6.45pm Meet in the Hotel Bar promptly for dinner at 7.00pm.

20% Off
Bar Drinks, Meals &
Snacks at the
Trouville Hotel for
all SSKA Members

EVENT INFORMATION

SATURDAY

9.30am to 10.30am
10.30am to 10.45am
10.45am to 11.15am

11.15am to 11.30am
11.30am to 12.30pm
12.30pm to 12.45pm
12.45pm to 1.45pm
1.45pm to 2.00pm
2.00pm to 3.00pm
3.00pm to 3.15pm
3.15pm to 4.15pm
4.15pm to 4.30pm
4.30pm to 5.30pm
6.00pm

Instructor's Course or grading, depending on who is grading
Break
Warm up and stretching session to keep you loose and warmed up through out the day.
Break
Lesson 6
Break
Lesson 7
Break
Lesson 8
Break
Lesson 9
Break
Lesson 10
Grading registration for Kyu and Dan Grading on saturday (Normal grading fees will apply). (You must complete the 3 days training in order to grade at the Camp).

SUNDAY

9.30am to 10.00am
10.00am to 10.15am
10.15am to 11.15am
11.15am to 11.30am
11.30am to 12.30pm
12.30pm to 12.45pm
12.45pm to 1.45pm

Warm up
Break
lesson 11
break
lesson 12
break
Lesson 13

Pre-Grading and normal lesson for all grades even if you are not grading. End of Summer Camp 2019 presentation of certificates.

2.00pm Grading starts for Kyu and Dan Gradings. Good luck to you all. If anyone fails there Grading they can retake it later in the day depending on the time the gradings finish. (Normal fees apply).

To be confirmed (Depending on what time grading finishes) Intense training by the Senior Instructors for those who failed part on the first grading today. Grading registration and re-takes (Normal grading fees will apply)

All times are subject to change, you will be notified on the day of arrival.

13
LESSONS
OVER
3 DAYS

For all enquiries or the address to send this form to please contact Sensei Cole by phone or text 07557 532676 or email sska595@gmail.com

TRAINING PRICES

1 days training: £35.00
2 days training: £75.00
3 days training: £85.00

Please Note: ALL fees are non-refundable and non-transferable.

ACCOMMODATION PRICES

(Dinner, Bed & Breakfast)

AGE RATE (per person per night)

Adult (15yrs and over) £59.50
11 to 14 years old £25.50
7 to 10 years old £20.50
3 to 6 years old £15.50

If you wish to extend your stay at the Trouville Hotel you will still receive the special rate for your accommodation!

To book your accommodation at the Trouville Hotel, please contact the Hotel direct on 01202 552262 and please remember to state that you are a member of the SSKA. Hotel rates are for Dinner, Bed and Breakfast, this special rate is only available when quoting the SSKA. Please ensure you have registered with the SSKA and paid your training fees before booking the Hotel.

IMPORTANT INFORMATION!

IF YOU WISH TO GRADE AT THIS CAMP YOU MUST HAVE ATTENDED THE PREVIOUS CAMP, 4 BLACK AND BROWN BELT COURSES OR TRAINED AT THE MAIN SWINDON DOJO FOR AT LEAST 8 LESSONS. PERMISSION TO GRADE MUST BE OBTAINED IN WRITING FROM YOUR CLUB INSTRUCTOR. DEADLINE FOR APPLICATIONS IN: **FRIDAY 2nd AUGUST 2019**, BOOKINGS TAKEN AFTER THIS DATE WILL INCUR A **£10 SURCHARGE**.

ONE FORM PER PERSON PLEASE TICK THIS BOX IF YOU WISH TO GRADE

Please pay all grading fees on the grading registration day: **SATURDAY 10th AUGUST**

(Grading fee is not included in the training price)

Name: _____ D.O.B _____

Address: _____

Post Code: _____

Tel: _____ Club: _____

Present Grade* _____ Belt Required?: **Y / N** Size: 250cm 280cm 300cm

Amount Paid: _____ Please note there will be a **£10.00** surcharge if cheques are returned

Signature: _____ Date: _____

PLEASE RETURN THIS FORM TO ONE OF THE GRADING CENTRES OR TO YOUR CLUB INSTRUCTOR TO BE CHECKED AND PROCESSED.

* (If you intend to grade before this winter camp, please put the grade that you will be when you attend).