

Lesson times:

Lesson times:

SOUTHERN SHOTOKAN KARATE ASSOCIATION **INFORMATION SHEETS**



SPECTATORS WILL NOW BE ABLE TO ATTEND! SOCIAL DISTANCING GUIDELINE MUST BE FOLLOWED

GRADING REGISTRATION LESSON CENTRES FOR ALL STUDENTS

FRIDAY 10th SEPTEMBER MINEHEAD

West Somerset Sports Centre, Bircham Road, Minehead, TA24 6AY. Juniors & Seniors (All Grades) arrive at 6.45pm for admin, lesson 7.00pm-8.00pm. With Sensei McCormack, Senior Instructor of the SSKA. Lesson Fee Applies: £14.50 per person or £30.00 for a family of 3 or more.

EXETER SATURDAY 11th SEPTEMBER

Also a Brown & Black Belt Grading Centre and Course Centre (£18.50 per lesson) Countess Wear Village Hall, 28 School Lane, Exeter, EX2 6LB. Juniors & Seniors (All grades) arrive at 8.45am for admin, lesson 9.00am-10.00am. In the Main Hall with Chief Instructor of the SSKA. Lesson Fee Applies: £14.50 per person or £30.00 for a family of 3 or more.

SALISBURY SATURDAY 11th SEPTEMBER

Also a Brown & Black Belt Course Centre (£18.50 per lesson) Five Rivers Leisure Centre, Hulse Road, Salisbury, SP1 3NR. Juniors & Seniors (All grades) arrive at **2.45pm** for admin, lesson **3.00pm-4.00pm**. In the Dance Studio with Chief Instructor of the SSKA. Lesson Fee Applies: £14.50 per person or £30.00 for a family of 3 or more.

CLEVEDON SATURDAY 11th SEPTEMBER

Lesson times:

Lesson times:

Strode Leisure Centre, Strode Road, Clevedon, BS21 6QG. Juniors & Seniors (All grades) arrive 4.45pm for admin, lesson 5.00-6.00pm In the Main Sports Hall with Sensei Lewis, Assistant Chief Instructor. Lesson Fee Applies: £14.50 per person or £30.00 for a family of 3 or more.

GRADING REGISTRATION CENTRES,

KATA COURSE AND BLACK & BROWN BELT COURSE CENTRES

(Kata Course is optional)

READING SUNDAY 12th SEPTEMBER

Lesson times:

Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY. Juniors & Seniors (All grades) arrive at **9.00am** for admin, lesson **9.30am-11.00am**. With Chief Instructor of the SSKA, Sensei Lewis Assistant Chief Instructor, Sensei Whitcher Assistant Chief Instructor & Senior Instructor assistance. Lesson Fee Applies: £14.50 per person or £30.00 for a family of 3 or more.

SWINDON SUNDAY 12th SEPTEMBER

Lesson times:

Grange Leisure & Community Centre, Grange Drive, Stratton St. Margaret, Swindon, SN3 4JY. Juniors & Seniors (All grades) arrive **1.00pm** for admin, lesson **1.30-3.00pm** in the Main Sports Hall. With Chief Instructor of the SSKA, Sensei Lewis Assistant Chief Instructor, Sensei Whitcher Assistant Chief Instructor & Senior Instructor assistance. Lesson Fee Applies: £14.50 per person or £30.00 for a family of 3 or more.

OPEN - S	23nd WINT			ER GAMP 2022
GRADES FOR SSI Frida	KA MEMBERS ONI	Y & THEIR I day 20 th	FOR SSKA MEMBERS ONLY & THEIR FAMILIES & FRIENDS Friday 17 th - Sunday 20 th February 2022	with Sensei Cole, 7th Dan Chief Instructor of the SSKA Sensei Lewis, 6th Dan Assistant Chief Instructor of the SSKA Sensei Whitcher, 6th Dan Assistant Chief Instructor of the SSKA & Senior Instructor Assistance
"A warne welcome i All training	u welcome is offered to everyone. Come along	ne. Come all	ng and enjoy the tra	lg and ev
		EVENT I		
Evervone please arrive at the hotel before 9.30am	the hotel before 9.30am	10.00am to 11.00am	SATURDAY Lesson	10.00am to 11.00am Lesson
10.00am to 11.00am Lesson	20% Off		Lesson (Order your food for lunch)	
	Lesson (Order your food for lunch) Bar Drinks, Meals & Lesson (Order your food for lunch) Frouville Hotel for Lunch Trouville Hotel for Lunch Trouville Hotel for Trouville Hotel for Trouville Hotel for		Lunon Lesson Break	12.30pm Grading starts for Kyu and Dan Gradings. Good luck
1.15pm to 2.15pm Lesson 2.15pm to 2.30pm Break 2.30pm to 3.30pm Lesson		2.30pm to 3.30pm G 3.30pm G 81	Lesson Grading registration for Kyu and Dan Grading on sunday (Normal grading fees will apply). (You must	to you all. If anyone fails there Grading they can retake it later in the day depending on the time the gradings finish. (Normal fees apply).
Free time		30		(Depending on what time grading finishes)
6.15pm Meet in the Ho	Meet in the Hotel Bar promptly for dinner at 6.30pm.	6.15pm M	Meet in the Hotel Bar promptly for dinner at 6.30pm	
For all enquiries	For all enquiries or the address to send this form to please contac	form to please cor		t Sensei Cole by phone or text 07557 532676 or email sska595@gmail.com
TRAINING	ACCOMMOI	ACCOMMODATION PRICES	NO	ONE FORM PER PERSON PLEASE TICK THIS BOX IF YOU WISH TO GRADE
PRICES	(Dinner, B AGE RA1	(Dinner, Bed & Breakfast) RATE (per person per night)	Please pay all	Please pay all grading fees on the grading registration day: SATURDAY 18th FEBRUARY (Grading fee is not included in the training price)
9 LGSSUIIS: 230.00 Please Note:	Adult (15yrs and over) £52.50 11 to 14 years old £25.50	50 If you wish to extend your stay at the	tay at the	D.0.B
ALL fees are non-refundable and non-transferable.	7 to 10 years old£15.50 /rouville flotel you with still 3 to 6 years old£15.50 special rate for your accom	.50 I roaville Flotel you will still receive to .50 special rate for your accommodation!	u still receive the Address: * accommodation!	Post Code:
	To book your accommodation at the Trouville Hotel, please contact the Hotel direct on 01202 552262 and please remember to state that you are	ne Trouville Hotel, please c ease remember to stat	contact the Hotel Tel:	Club:
IMPORTANT INFORMATION:	a member of the SSKA. Hotel rates are for Dinner, Bed and Breakfast, this special rate is only available when quoting the SSKA. Please ensure you have registered with the SSKA and paid your training fees before booking the Hotel.	ates are for Dinner, Bed an quoting the SSKA. Please our training fees before boc	Id Breakfast, this Present Grade*	Belt Required?: Y / N Size: 250cm 280cm 300cm Please note there will be a £10.00 surcharge if cheques are returned
IF YOU WISH TO GRADE AT THIS CAN	IF YOU WISH TO GRADE AT THIS CAMP YOU MUST HAVE ATTENDED THE PREVIOUS CAMP, 4 BLACK AND	REVIOUS CAMP, 4 BLACK		Date:
BELI COURSES ON ITAINED AL ITAI	BE OBTAINED IN WRITING FROM YOUR CLUB INSTRUCTOR. DEADLINE FOR APPLICATIONS IN: FRIDAY 21 st JANUARY 2022	LINE FOR APPLICATIONS	* *	PLEASE RETURN THIS FORM TO ONE OF THE GRADING CENTRES OR TO YOUR CLUB INSTRUCTOR TO BE CHECKED AND PROCESSED. (If you intend to grade before this winter camp, please put the grade that you will be when you attend).
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Kyu Grading and Lesson Fees



<u>10th kyu (white belt) to 2nd kyu (brown +1 white)</u>

Junior (up to 15 years old) grading fee (± 27.50) + grading lesson fee (± 14.50) total ± 42.00 Senior (16 years and over) grading fee (± 29.50) + grading lesson fee (± 14.50) total ± 44.00

<u>1st kyu (brown + 2 white)</u>

Senior and Junior grading fee (£38.50) + grading lesson fee (£14.50) total £53.00

All fees shown apply to individuals only. Any family of <u>3 or more</u> will pay a grading fee for each individual + a family rate of £30.00 per lesson.

You <u>Must</u> order and pay for your belt on your Grading Return Form to have your belt presented to you by Sensei Cole, with your grading certificate, as there will be no belts for sale on the grading days.

Belt Prices Plain belt: £4.50 Plain with 1 stripe: £5.00 Plain with 2 stripes: £5.50 Black belt: £15.00

Please Note: ALL fees are non-refundable and non-transferable.

Checklist for Kyu Grades Only

BEFORE YOU POST, ENSURE YOU HAVE COMPLETED THE FOLLOWING:

Completed the grading return form

Include payment

Checked your licence is valid

Include your blue licence/grading book

Kyu Grading Centres & Black Belt Training Centres

EXETER SUNDAY 19th SEPTEMBER

BROWN & BLACK BELT COURSE CENTRE & KYU GRADING CENTRE (£18.50 per lesson) Wonford Sports Centre, Rifford Road, Exeter, EX2 6NF.

Lesson times:-

Lesson times:-

Wonford Sports Centre, Rifford Road, Exeter, EX2 6NF. Juniors & Seniors (All Grades) arrive at **11.30am** for admin, pre-grading lesson **12 noon - 1.00pm**. Kyu Gradings start at approx. **12.15pm** in the Main Hall, followed by Black Belt Grading. With Chief Instructor of the SSKA, Sensei Lewis Assistant Chief Instructor and Senior Instructor assistance.

READING SUNDAY 26th SEPTEMBER

KYU GRADING CENTRE

Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY. Juniors & Seniors (All Grades) arrive at **9.00am** for admin, pre-grading lesson **9.30 - 11.00am**. Gradings start at approx. **11.30am** with Chief Instructor of the SSKA, Sensei Lewis Assistant Chief Instructor, Sensei Whitcher Assistant Chief Instructor and Senior Instructor assistance.

SWINDON SUNDAY 3rd OCTOBER

KYU GRADING CENTRE

Grange Leisure & Community Centre, Grange Drive, Stratton St. Margaret, Swindon, SN3 4JY.Lesson times:-Juniors & Seniors (All Grades) arrive at 9.00am for admin, pre-grading lesson 9.30 - 11.00am.Gradings start at approx. 11.30am in the Main Sports Hall with Chief Instructor of the SSKA,
Sensei Lewis Assistant Chief Instructor, Sensei Whitcher Assistant Chief Instructor
and Senior Instructor assistance.

SALISBURY SUNDAY 17th OCTOBER

BROWN & BLACK BELT COURSE CENTRE & KYU GRADING CENTRE (£18.50 per lesson)Five Rivers Leisure Centre, Hulse Road, Salisbury, SP1 3NR.Lesson times:-Juniors & Seniors (All Grades) arrive at 2.30pm for admin, pre-grading lesson 3.00pm - 4.00pm.Gradings start at approx. 4.15pm in the Small Hall with Chief Instructor of the SSKA,
Sensei Lewis Assistant Chief Instructor and Senior Instructors assistance.

Southern Shotokan Karate Association LICENCE APPLICATION FORM



SURNAME	ADDRESS
FORENAMES	
DATE OF BIRTH	
TELEPHONE No	POSTCODE
MOBILE No	CLUB
EMAIL ADDRESS	EXAMINER
PRESENT GRADE	DATE OF EXPIRY OF LAST LICENCE
DATE LAST GRADED	NUMBER OF LAST LICENCE WITH THIS ORGANISATION
IS THIS YOUR FIRST LICENCE APPLICATION: YES / NO	
OTHER KARATE OLIALIEICATIONS HELD (eq. Judge/Referee etc.)	

IN CASES OF RENEWALS, ALL APPLICATIONS MUST BE ACCOMPANIED BY THE BLUE GRADING BOOK.

LICENCE FEE: £30.00 - Renewable annually from the date of first application <u>made payable to the S.S.K.A FOR</u> CHEQUE PAYMENTS ONLY - ANY RETURNED CHEQUES WILL INCUR A £10.00 BANKERS CHARGE.

PLEASE WRITE YOUR NAME, ADDRESS, TELEPHONE NUMBER, CLUB & BANK CARD DETAILS ON THE REVERSE OF THE CHEQUE OR IT WILL NOT BE PROCESSED.

Replacement blue grading books may be obtained at a cost of £25.00 : made payable to the S.S.K.A.

Your licence book must be with you at all SSKA events.

This licence application must be submitted within 2 weeks of joining your Dojo. Please note that applicants may still grade as long as this form has been submitted.

Anyone who does not renew their licence before the renewal date could lose their grade. To renew an expired licence you must pay all back-dated fees, or re-join the association.

Please give details overleaf if you suffer from any injury, illness or other medical condition which may interfere with your Karate training or any other physical exercise. Also give details of anything which may affect this application, or membership of any Karate Club/Organisation, or Karate training in general.

You must always train twice a week at your own club to maintain your standard and avoid injury.

ONLY SIGN THIS APPLICATION IF YOU ACCEPT THE RISK THAT PRACTICE OF ANY MARTIAL ART OR COMBAT SPORT MAY RESULT IN PHYSICAL INJURY.

IF UNDER 18 YEARS OF AGE THIS FORM MUST BE SIGNED BY YOUR PARENT OR GUARDIAN.

SIGNED

ATION

SOI

_ DATE

(APPLICANT / PARENT / GUARDIAN) Please delete as appropriate. Terms and conditions apply.

PLEASE RETURN THIS FORM TO ONE OF THE GRADING CENTRES, OR TO YOUR CLUB INSTRUCTOR TO BE CHECKED AND PROCESSED.

Please make all cheques payable to: Southern Shotokan Karate Association.

ALL PAYMENTS MADE TO THE S.S.K.A. ARE NON-REFUNDABLE AND NON-TRANSFERABLE.

For all enquiries or the address to send this form to please contact Sensei Cole by phone or text 07557 532676 or email sska595@gmail.com

We value your privacy. Your personal information will be kept confidential and will never be sold to third parties. It will only be used for communications related to Southern Shotokan Karate Association.



Black Belt Grading Centres EXETER SUNDAY 19th SEPTEMBER

SSKA ENGLAND

Brown & Black Belt Course and Grading Centre (£18.50 per lesson) COUNTESS WEAR VILLAGE HALL, 28 SCHOOL LANE, EXETER, EX2 6LB.

Juniors & Seniors (All Grades) arrive at **11.30am** for admin, lesson **12 noon - 1.00pm**. Times: Kyu Gradings start at approx. **12.15pm** in the Main Hall, followed by the Black Belt Grading. With Chief Instructor of the SSKA. Sensei Lewis Assistant Chief Instructor and Senior Instructor assistance.

SWINDON SUNDAY 10th OCTOBER

Brown & Black Belt Course and Grading Centre (£18.50 per lesson) Grange Leisure & Community Centre, Grange Drive, Stratton St. Margaret, Swindon, SN3 4JY. Times: Juniors and Seniors to arrive 9.00am for admin, lesson 9.30 - 11.00am. Gradings start at approx. 11.30am in the Main Hall with Chief Instructor of the SSKA,

Sensei Lewis and Sensei Whitcher, Assistant Chief Instructors and Senior Instructor assistance.

These courses are for brown and black belts only. The course and gradings are conducted by Sensei Stuart Cole, 7th Dan, Chief Instructor of the S.S.K.A. No free lessons are available on this day. All examination fees/lesson fees are payable on the day. Do not fill in the attached Grading Return Sheet, this is for Kyu Grades only.

Students must obtain written permission from their club instructor to grade.

Please ensure your Club Badge and SSKA Badge are clearly emblazoned on your karate suit before grading. You will NOT be allowed to grade without them. These two badges can be purchased for £12 or embroidered onto your karate suit for £20. Please see your club instructor for details.

Students grading for black belt and above must register 2 weeks before their grading by emailing Sensei Cole at: sska595@gmail.com - Please state your name, license number, club, grading centre and the grade you wish to take. This is to allow sufficient time to arrange the grading.

Black Belt Lesson & Grading Fees

1st	Dan Exam Fee (£60.00)	+	Pass Fee (£60.00) Total £120.00
2nd	Dan Exam Fee (£70.00)	+	Pass Fee (£70.00) Total £140.00
3rd	Dan Exam Fee (£90.00)	+	Pass Fee (£90.00) Total £180.00
4th	Dan Exam Fee (£110.00)	+	Pass Fee (£110.00) Total £220.00
5th	Dan Exam Fee (£130.00)	+	Pass Fee (£130.00) Total £260.00
6th	Dan Exam Fee (£150.00)	+	Pass Fee (£150.00) Total £300.00
7th	Dan Exam Fee (£170.00)	+	Pass Fee (£170.00) Total £340.00

Black Belt Lesson Fees & Black Belt Course Centre (Salisbury)

Juniors and Seniors lesson fee: £18.50 (No Special Rates on Black Belt Courses).

Ruling: You must attend a minimum of 4 brown/black belt courses before you may grade for 1st Dan.

A minimum of 8 courses must have been attended for those wishing to grade for 2nd Dan and above.

Ruling: The Grading Examiner's decision is FINAL.

PLEASE NOTE: ALL fees are non-refundable and non-transferable.

SSKA Enquiries and help with your karate training

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NAME	DAN	EMAIL	PHONE	POSITION	
Sensei Cole	7 th	sska595@gmail.com	07557 532676	Chief Instructor of the Southern Shotokan Karate Association	
Rob Lewis	6 th	rob.sska@virgin.net	07872 019626	Assistant Chief Instructor, Grading Examiner, Complaints & Disputes	
Cailey Whitcher	6 th	grading@sska.co.uk	07903 012340	Assistant Chief Instructor, Grading Examiner, Licensing Officer & PA	
Geoff Ridgway	5^{th}	Sensei@FleetKarate.co.uk	07917 759343	Senior Instructor & Assistant Grading Examiner	
Tracie Quelch	5^{th}	tquelch@hotmail.com	07582 716788	Senior Instructor & Assistant Grading Examiner	
Trevor Ockwell	6 th	trevor@ockwell.info	07393 572098	Senior Instructor & Grading Assistant	
Maxine Thomas	4 th	keithtee@aol.com	07770 410107	Senior Instructor, Secretary & Assistant Grading Examiner	
Mark McCormack	4 th	mccormack314@btinternet.com	07729 518269	Senior Instructor & Grading Assistant	
George McShane	4 th	georgemcshane59@gmail.com	07770 830067	Senior Instructor & Grading Assistant	
John Phillips	4 th	j.phillips147@btinternet.com	07738 798559	Senior Instructor & Grading Assistant	
Amanda Dillon	4 th	amandaloudillon@aol.com	07464 809858	Senior Instructor, Secretary & Grading Assistant	
Ray Dolphin	4 th	r.dolphin@sky.com	07522 559672	Senior Instructor & Grading Assistant	
Tony Kimber	4 th	tkimber@gems-sensors.co.uk	07799 064836	Senior Instructor & Grading Assistant	
Terry Tozer	3 rd	info@tjska.com	07790 032354	Senior Instructor & Grading Assistant	
Kevin Sanger	3 rd	banger@btinternet.com	07593 166926	Senior Instructor & Grading Assistant	
Jo Withey	3 rd	jo@withey.org	07914 401231	Senior Instructor & Grading Assistant	
Gary Leyshon	2 nd	wgleyshon@gmail.com	07989 388191	SSKA Promotions Officer	

We would like to offer free advertising on the SSKA website for any self-employed person or business who wishes to advertise their services. Please contact Sensei Whitcher (6th Dan) assistant chief instructor on 07903 012340 or visit www.sska.co.uk.

Open Free Instructor's Information Course on Sunday 30th January 2022 at Grange Leisure & Community Centre, Grange Drive, Stratton St. Margaret,

Swindon SN3 4JY. from 3.00pm - 5.00pm.

This course is for all instructors, including junior instructors, and anyone 4th Kyu and above who would like to become an instructor and run a SSKA club. The course will give you new ideas about teaching your students, advice on how to promote your club and a chance to concentrate on your own karate to help you progress.

For all enquiries phone or text: 07557 532676 or email: sska595@gmail.com



S S K A GRADING RETURN FORM

PLEASE INDICATE WHICH CENTRE YOU WISH TO GRADE AT:

EXETER [] READING [] SWINDON [] SALISBURY []



<u>Please check your Licence expiry date inside your blue/black book before you send off your</u> grading application. If your licence has expired, please see your instructor for a renewal form.

IF YOU WISH TO GRADE, YOU MUST ASK PERMISSION FROM YOUR CLUB INSTRUCTOR, BEFORE

RETURNING THIS FORM, BEFORE SUNDAY 12th SEPTEMBER IF YOU CAN, OR

Please see your instructor for the postal address or you can email a copy to sska595@gmail.com

**** REMEMBER YOU CAN NOW PAY ONLINE ****

For the bank details or any enquiries, please contact Sensei Cole by phone or text 07557 532676 or email sska595@gmail.com

ALL APPLICATIONS MUST BE ACCOMPANIED BY A CURRENT VALID LICENCE, BLUE/BLACK LICENCE GRADING BOOK AND YOUR GRADING/ LESSON FEES.

PAYMENT MUST BE MADE BY CASH, CHEQUE OR POSTAL ORDER, PAYABLE TO, 'THE S.S.K.A.'. (*PLEASE WRITE YOUR NAME, ADDRESS, TELEPHONE NUMBER, CHEQUE CARD NUMBER & CLUB ON THE BACK OF EACH CHEQUE*).

PLEASE NOTE THAT A £5.00 BANKER'S CHARGE WILL BE APPLIED IF ANY CHEQUE IS RETURNED BY THE BANK. ALL PAYMENTS TO THE SSKA ARE NON REFUNDABLE.

PROVIDED NEW OR RENEWAL LICENCE APPLICATIONS HAVE BEEN POSTED TO THE SSKA MAIN OFFICE, INDIVIDUALS WILL BE ALLOWED TO GRADE. (If you have applied for a new/renewal licence near the grading period the SSKA will keep the licence until we have received your Grading Return Form. Your licence will be returned to you with your certificate and your new belt at your grading centre once you have graded).

****FAMILIES OF 3 OR MORE ONLY**** PLEASE USE ONE SHEET PER INDIVIDUAL AND COMPLETE PAYMENT DETAILS ON THE FORM USED BY THE MOST SENIOR MEMBER. PLEASE DO NOT COMPLETE PAYMENT DETAILS ON EACH FORM.

NAME TO APPEAR ON CERTIFICATE (IN BLOCK CAPITALS). <u>CARE : IF A CERTIFICATE HAS TO BE RE-ISSUED BECAUSE OF MISSPELLING,</u> <u>A CHARGE OF £5 WILL BE REQUESTED.</u>

NAME TO APPEAR ON CERTIFICATE

ADDRESS					
DATE OF BIRTH	CONTACT TEL	L NO	······		
PRESENT GRAD	E INSTRUCTOR	R	LICENCE NO		
NAME OF HOM	BU (HOME DOJO)				
LAST EXAMINE	R	DATE OF LAST O	GRADING		
	Please TICK size of belt required <u>Belt Prices</u> Plain belt: £4.50 Pla BELTS CAN ONLY BE PUR	in with 1 stripe: £5.00	Plain with 2 stripes:		
GRADING FEES					
* JUNIOR or SE	NIOR GRADING FEE £ +	GRADING DAY LESSON	FEE £	SUB-TOTAL £	
* FAMILY GRAD	ING FEE TOTAL £ +			SUB-TOTAL £	
		(For Families of 3 or mor	e) PRE-GRADING L	ESSON FEE £	
	promote your local karake rertising it on social media.		TOTAL	BELT COST £	
www.facebo	ook.com/southernshotokan		S	URCHARGE £	
			TOTA	AL AMOUNT £	
If you wish to rec	eive news and updates on all future SS	KA events please write your	r e-mail address in the sp	bace below.	
			·		
APPLICANT'S SIGNATURE					
CLUB INSTRUCT	ORS NAME			GRADE	
	OR'S SIGNATURE or the address to send this form to plea				
We value your privacy. Yo	ur personal information will be kept confidential and w	ill never be sold to third parties. It will c	only be used for communications re	lated to Southern Shotokan Karate Association.	

All dates & times are correct at the time of printing but are subject to change. All times are approximate. Terms & conditions apply.