



# SOUTHERN SHOTOKAN KARATE ASSOCIATION GRADING INFORMATION SHEET FOR KYU AND DAN GRADES 2018



**Please check your Licence expiry date inside your blue book before you send off your grading application.**  
**If your licence has expired, please see your instructor for a renewal form.**

Pre-Grading lessons and karate courses will take place for all S.S.K.A students at the grading centres listed. The Pre-Grading lesson is very important as it will take you through the syllabus required for your grade. All grades regardless of rank must attend one of the pre-grading lessons and karate courses. Those not grading must also attend and will pay their lesson fee on the day to an S.S.K.A official who will be checking licences. If your licence is not produced, you may lose your grade. Two lesson fees are payable at the following pre-grading/grading centres: EXETER, MINEHEAD, SALISBURY & CLEVEDON. (1) A pre-grading lesson fee will be taken on the pre-grading day. (2) A grading lesson fee will be paid for in advance on the Grading Return Form.

## **Pre-Grading Centres for 10th Kyu Beginner to Black Belts**

***You must attend these lessons or you will be unable to grade, unless you have a valid reason.***  
***If you are unable to attend these lessons, you must give notice in writing to one of the Grading Centres or to your Club Instructor.***

### **EXETER SATURDAY 8th SEPTEMBER**

**WONFORD SPORTS CENTRE, RIFFORD ROAD, EXETER, EX2 6NF.**

Lesson times:

Juniors & Seniors (All grades) arrive at **9.45am** for admin, lesson **10.00am-11.00am.**

In the Main Hall with Chief Instructor of the SSKA.

Lesson Fee Applies: £14.00 per person or £29.00 for a family of 3 or more.

### **SALISBURY SATURDAY 8th SEPTEMBER**

**Also this a Black & Brown Belt Course Centre**

**Sarum Academy, Westwood Road, Salisbury, Wiltshire, SP2 9HS.**

Lesson times:

Juniors & Seniors (All grades) arrive at **2.30pm** for admin, lesson **3.00pm-4.00pm.**

In the Small Hall with Chief Instructor of the SSKA.

Lesson Fee Applies: £14.00 per person or £29.00 for a family of 3 or more.

### **MINEHEAD SATURDAY 8th SEPTEMBER**

**West Somerset Sports Centre, Bircham Road, Minehead, TA24 6AY.**

Lesson times:

Juniors & Seniors (All Grades) arrive at 1.00pm for admin, lesson 1.30pm-3.00pm.

With Sensei McCormack.

Lesson Fee Applies: £14.00 per person or £29.00 for a family of 3 or more.

### **CLEVEDON SATURDAY 8th SEPTEMBER**

**Strode Leisure Centre, Strode Road, Clevedon, BS21 6QG.**

Lesson times:

Juniors & Seniors (All grades) arrive **4.30pm** for admin, lesson **5.00-6.00pm**

In the Main Sports Hall with Sensei Lewis.

Lesson Fee Applies: £14.00 per person or £29.00 for a family of 3 or more.

### **READING SUNDAY 9th SEPTEMBER**

**Woodford Park Leisure Centre, Haddon Drive, Woodley, Reading RG5 4LY.**

Lesson times:

Juniors & Seniors (All grades) arrive at **8.30am** for admin, lesson **9.00am-10.30am.**

With Chief Instructor of the SSKA, Sensei Steiner, Sensei Lewis, Sensei Whitcher & Senior Instructor assistance.

### **SWINDON SUNDAY 9th SEPTEMBER**

**Dorcan Recreation Complex, St Paul's Drive, Swindon SN3 5BY.**

Lesson times:

Juniors & Seniors (All grades) arrive **1.00pm** for admin, lesson **1.30-3.00pm** in the Main Sports Hall.

With Chief Instructor of the SSKA, Sensei Lewis, Sensei Whitcher and Senior Instructor assistance.

Please ensure your Club Badge and SSKA Badge are clearly emblazoned on your karate suit before grading. You will NOT be allowed to grade without them. These two badges can be purchased for £12 or embroidered onto your karate suit for £20. Please see your club instructor for details.

**All grading documentation ie. blue licence grading book, application and grading fees must be received by**

**SUNDAY 9th SEPTEMBER 2018.**

**Late submissions will be accepted only if they are accompanied by the administration surcharge of £5.**

**PLEASE NOTE VENUE  
& TIME CHANGE**



# Kyu Grading and Lesson Fees

## 10th kyu (white belt) to 2nd kyu (brown +1 white)

Junior (up to 15 years old) grading fee (£26.50) + grading lesson fee (£14.00) total £40.50  
Senior (16 years and over) grading fee (£28.50) + grading lesson fee (£14.00) total £42.50

## 1st kyu (brown + 2 white)

Senior and Junior grading fee (£37.50) + grading lesson fee (£14.00) total £51.50

All fees shown apply to individuals only. Any family of 3 or more will pay a grading fee for each individual + a family rate of £29.00 per lesson.

You Must order and pay for your belt on your Grading Return Form to have your belt presented to you by Sensei Cole, with your grading certificate, as there will be no belts for sale on the grading days.

Belt Prices Plain belt: £4.50 Plain with 1 stripe: £5.00 Plain with 2 stripes: £5.50

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# Checklist for Kyu Grades Only

## **BEFORE YOU POST, ENSURE YOU HAVE COMPLETED THE FOLLOWING:**

- Completed the grading return form
- Included payment
- Checked your licence is valid
- Included you blue licence/grading book

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# Kyu Grading Centres & Black Belt Training Centres

## EXETER SATURDAY 15th SEPTEMBER

**WONFORD SPORTS CENTRE**, RIFFORD ROAD, EXETER, EX2 6NF.

Lesson times:- Juniors & Seniors (All Grades) arrive at **10.00am** for admin, lesson **10.30 - 11.30am**.  
Kyu Gradings start at approx. **11.45am** in the Main Hall, followed by the Black Belt Grading.  
With Chief Instructor of the SSKA, Sensei Lewis and Senior Instructor assistance.

## SALISBURY SUNDAY 16th SEPTEMBER

**Sarum Academy**, Westwood Road, Salisbury, Wiltshire, SP2 9HS.

Lesson times:- Juniors & Seniors (All Grades) arrive at **11.30am** for admin, lesson **12 noon - 1.00pm**.  
Gradings start at approx. **1.15pm** in the Small Hall with Chief Instructor of the SSKA,  
Sensei Lewis and Senior Instructors assistance.

## READING SUNDAY 23rd SEPTEMBER

**Woodford Park Leisure Centre**, Haddon Drive, Woodley, Reading RG5 4LY.

Lesson times:- Juniors & Seniors (All Grades) arrive at **8.45am** for admin, lesson **9.15 - 10.45am**.  
Gradings start at approx. **11.00am** with Chief Instructor of the SSKA, Sensei Steiner, Sensei Lewis,  
Sensei Whitcher and Senior Instructor assistance

**PLEASE NOTE VENUE & TIME CHANGE**

## SWINDON SUNDAY 30th SEPTEMBER

**Dorcan Recreation Complex**, St Paul's Drive, Swindon SN3 5BY.

Lesson times:- Juniors & Seniors (All Grades) arrive at **8.45am** for admin, lesson **9.15 - 10.45am**.  
Gradings start at approx. **11.00am** in the Main Sports Hall with Chief Instructor of the SSKA,  
Sensei Lewis, Sensei Whitcher and Senior Instructors assistance

**PLEASE NOTE TIME CHANGE**



# 21st WINTER CAMP 2019

**OPEN TO ALL GRADES**

**FOR SSKA MEMBERS ONLY AND THEIR FAMILIES AND FRIENDS** with Sensei Stuart Cole, 7th Dan, Chief Instructor SSKA and Senior Instructor assistance

## Friday 1st - Sunday 3rd February 2019

*"A warm welcome is offered to everyone. Come along and enjoy the training and evening socialising with us."*

**All training and accommodation at the Trouville Hotel, Bournemouth • [www.trouvillehotel.com](http://www.trouvillehotel.com)**

### EVENT INFORMATION

Free Instructor's Information Course and Grading. This course is for all instructors, including junior instructors, and anyone 4th Kyu and above who would like to become an instructor and run an SSKA club. The course will give you new ideas about teaching your students, advice on the promotion of your clubs and also concentrating on your own Karate to help you progress.

*You can attend as many lessons as you wish, the price remains the same.*

Thursday	1.00pm - 2.30pm	Instructors Grading Only	3.00pm approx.
Friday	11.00am - 12.30pm	Lesson 1, General Course in the Granville Suite	10.00am
	12.30am - 1.30pm	Break	
	1.30pm - 3.00pm	Lesson 2, Kata & Kata Application Course	
	3.00pm - 4.00pm	Break	
	4.00pm - 5.30pm	Lesson 3, Training on the beach if the weather is okay, or in the Granville Suite.	
	6.45pm	Meet in the Hotel Bar promptly for dinner at 7.00pm	
Saturday	8.00am - 9.45am	Breakfast	
	11.00am - 12.30pm	Lesson 4, Kumite & Self Defence Street Awareness Course	
	12.30pm - 1.30pm	Break	
	1.30pm - 3.00pm	Lesson 5, Combinations & Kicking Course	
	3.00pm - 4.00pm	Break	
	4.00pm - 5.30pm	Lesson 6, Stances & Upper Body Movement	
	5.30pm	Grading Registration	
	6.45pm	Meet in the Hotel Bar promptly for dinner at 7.00pm	
Sunday	8.00am - 9.45am	Breakfast	
	11.00am - 1.00pm	Lesson 7, Pre-grading covering all aspects for your next grading	
	1.00pm	Presentation of Camp Certificates (End of the camp 2019)	
	2.00pm	Gradings: Kyu Gradings first followed by Dan Gradings	
	4.30pm Approx.	Intense training by the Senior Instructors for those who failed part on the first grading today.	
	(Depending on what time Grading Finishes)	Grading registration and re-takes (Normal grading fees will apply)	

*(You must complete the 3 days training in order to grade at the Winter Camp.)*

**20% Off**  
Bar Drinks, Meals & Snacks at the Trouville Hotel for all SSKA Members

All times are subject to change, you will be notified on the day of arrival.

### IMPORTANT INFORMATION!

IF YOU WISH TO GRADE AT THIS CAMP YOU MUST HAVE ATTENDED THE PREVIOUS SUMMER CAMP, 4 BLACK AND BROWN BELT COURSES OR TRAINED AT THE MAIN SWINDON DOJO FOR AT LEAST 8 LESSONS. PERMISSION TO GRADE MUST BE OBTAINED IN WRITING FROM YOUR CLUB INSTRUCTOR. DEADLINE FOR APPLICATIONS IN

**FRIDAY 25th JANUARY 2019** BOOKINGS TAKEN AFTER THIS DATE WILL INCUR A £10 SURCHARGE.

### TRAINING PRICES

**3 days training: £85.00 or £30.00 per day**  
To book your accommodation at the Trouville Hotel, please contact the Hotel direct on **01202 552262 and please remember to state that you are a member of the SSKA.** Hotel rates are for Dinner, Bed and Breakfast, this special rate is only available when quoting the SSKA. Please ensure you have registered with the SSKA and paid your training fees before booking the Hotel.

### ACCOMMODATION PRICES (Dinner, Bed & Breakfast)

AGE	RATE (per person per night)
Adult (15yrs and over)	£49.50
11 to 14 years old	£25.50
7 to 10 years old	£20.50
3 to 6 years old	£15.50

*If you wish to extend your stay at the Trouville Hotel you will still receive the special rate for your accommodation!*

### ONE FORM PER PERSON

**PLEASE TICK THIS BOX IF YOU WISH TO GRADE**   
Please pay all grading fees on the grading registration day:  
**Saturday 3rd February (Grading fee is not included in the training price)**

Name: \_\_\_\_\_ D.O.B \_\_\_\_\_  
Address: \_\_\_\_\_  
Tel: \_\_\_\_\_ Club: \_\_\_\_\_

Post Code: \_\_\_\_\_

Present Grade\* \_\_\_\_\_  
\* (If you intend to grade before this winter camp, please put the grade that you will be when you attend).

Belt Required:  Y  N Size:  250cm  280cm  300cm

Amount Paid: \_\_\_\_\_ (all fees are non-refundable)

Please note there will be a £10 surcharge if cheques are returned

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**PLEASE RETURN THIS FORM TO ONE OF THE GRADING CENTRES OR TO YOUR CLUB INSTRUCTOR TO BE CHECKED AND PROCESSED.**





# Black Belt Grading Centres

## EXETER

## SATURDAY 15th SEPTEMBER

WONFORD SPORTS CENTRE, RIFFORD ROAD, EXETER, EX2 6NF.

**Times:**

Juniors and Seniors to arrive **10.00am** for admin, lesson **10.30am - 11.30am**.  
Gradings start at approx. **11.45am** in the Main Hall with Chief Instructor of the SSKA, Sensei Lewis and Senior Instructor assistance.

## SWINDON

## SUNDAY 7th OCTOBER

Dorcan Recreation Complex, St Paul's Drive, Swindon SN3 5BY.

**Times:**

Juniors and Seniors to arrive **8.45am** for admin, lesson **9.30 - 11.00am**.  
Gradings start at approx. **11.15am** in the Main Hall with Chief Instructor of the SSKA, Sensei Lewis and Senior Instructor assistance.

These courses are for brown and black belts only. The course and gradings are conducted by Sensei Stuart Cole, 7th Dan, Chief Instructor of the S.S.K.A. No free lessons are available on this day. All examination fees/lesson fees are payable on the day. Do not fill in the attached Grading Return Sheet, this is for Kyu Grades only

**Students must obtain written permission from their club instructor to grade.**

Please ensure your Club Badge and SSKA Badge are clearly emblazoned on your karate suit before grading. You will NOT be allowed to grade without them. These two badges can be purchased for £12 or embroidered onto your karate suit for £20. Please see your club instructor for details.

## Black Belt Lesson & Grading Fees

1st	Dan Exam Fee (£60.00)	+	Pass Fee (£55.00)	Total £115.00
2nd	Dan Exam Fee (£70.00)	+	Pass Fee (£70.00)	Total £140.00
3rd	Dan Exam Fee (£90.00)	+	Pass Fee (£90.00)	Total £180.00
4th	Dan Exam Fee (£110.00)	+	Pass Fee (£110.00)	Total £220.00
5th	Dan Exam Fee (£130.00)	+	Pass Fee (£130.00)	Total £260.00
6th	Dan Exam Fee (£150.00)	+	Pass Fee (£150.00)	Total £300.00

## Black Belt Lesson Fees:

Juniors and Seniors lesson fee: **£18.00** (No Special Rates on Black Belt Courses).

**Ruling:** You must attend a minimum of 4 brown/black belt courses before you may grade for 1st Dan.

A minimum of 8 courses must have been attended for those wishing to grade for 2nd Dan and above.

**Ruling: The Grading Examiner's decision is FINAL.**

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## SSKA Enquiries:

Sensei Cole	7th Dan Chief Instructor of the SSKA.....	07557 532676
Sensei Steiner	6th Dan Senior Instructor & Grading Examiner of the SSKA .....	07713 714167
Sensei Lewis	6th Dan Senior Instructor & Grading Examiner of the SSKA .....	07872 019626
Sensei Whitcher	6th Dan Senior Instructor & Grading Examiner of the SSKA .....	07903 012340

or visit [www.sska.co.uk](http://www.sska.co.uk)

Sensei Whitcher 6th Dan Senior Instructor, SSKA Secretary & Licensing Officer,  
Telephone: 07903 012340 or E-mail: [grading@sska.co.uk](mailto:grading@sska.co.uk)

We would like to offer free advertising on the SSKA website for any self-employed person or business who wishes to advertise their services. Please contact Sensei Whitcher (6th Dan) on 07903 012340 or visit [www.sska.co.uk](http://www.sska.co.uk).



# SSKA GRADING RETURN FORM



PLEASE INDICATE WHICH CENTRE YOU WISH TO GRADE AT:

EXETER [ ] SALISBURY [ ] READING [ ] SWINDON [ ]

Please check your Licence expiry date inside your blue book before you send off your grading application. If your licence has expired, please see your instructor for a renewal form.

**IF YOU WISH TO GRADE, YOU MUST ASK PERMISSION FROM YOUR CLUB INSTRUCTOR, BEFORE RETURNING THIS FORM, BEFORE SUNDAY 9th SEPTEMBER 2018**

**PLEASE RETURN THIS FORM TO ONE OF THE GRADING CENTRES, OR TO YOUR CLUB INSTRUCTOR TO BE CHECKED AND PROCESSED. IF YOU CANNOT GET TO SEE YOUR INSTRUCTOR OR CANNOT GET TO ONE OF THE GRADING CENTRES, PLEASE CONTACT YOUR INSTRUCTOR AND ASK THEM FOR THE POSTAL ADDRESS.**

**ALL APPLICATIONS MUST BE ACCOMPANIED BY A CURRENT VALID LICENCE, BLUE LICENCE GRADING BOOK AND YOUR GRADING/ LESSON FEES.**

PAYMENT MUST BE MADE BY CASH, CHEQUE OR POSTAL ORDER, PAYABLE TO, 'THE S.S.K.A.'. (PLEASE WRITE YOUR NAME, ADDRESS, TELEPHONE NUMBER, CHEQUE CARD NUMBER & CLUB ON THE BACK OF EACH CHEQUE). PAYMENT ON THE DAY OR LATE GRADING APPLICATIONS WILL BE ACCEPTED ONLY IF THEY ARE ACCOMPANIED BY THE ADMINISTRATION SURCHARGE OF £5.

PLEASE NOTE THAT A £10.00 BANKER'S CHARGE WILL BE APPLIED IF ANY CHEQUE IS RETURNED BY THE BANK. ALL PAYMENTS TO THE SSKA ARE NON REFUNDABLE.

PROVIDED NEW OR RENEWAL LICENCE APPLICATIONS HAVE BEEN POSTED TO THE SSKA MAIN OFFICE, INDIVIDUALS WILL BE ALLOWED TO GRADE. (If you have applied for a new/renewal licence near the grading period the SSKA will keep the licence until we have received your Grading Return Form. Your licence will be returned to you with your certificate and your new belt at your grading centre once you have graded).

**\*\*FAMILIES OF 3 OR MORE ONLY\*\*** PLEASE USE ONE SHEET PER INDIVIDUAL AND COMPLETE PAYMENT DETAILS ON THE FORM USED BY THE MOST SENIOR MEMBER. PLEASE DO NOT COMPLETE PAYMENT DETAILS ON EACH FORM.

**NAME TO APPEAR ON CERTIFICATE (IN BLOCK CAPITALS).** CARE : IF A CERTIFICATE HAS TO BE RE-ISSUED BECAUSE OF MISSPELLING, A CHARGE OF £10 WILL BE REQUESTED.

NAME TO APPEAR ON CERTIFICATE \_\_\_\_\_

ADDRESS \_\_\_\_\_

DATE OF BIRTH \_\_\_\_\_ CONTACT TEL NO \_\_\_\_\_

PRESENT GRADE \_\_\_\_\_ INSTRUCTOR \_\_\_\_\_ LICENCE NO. \_\_\_\_\_

NAME OF HOMBU (HOME DOJO) \_\_\_\_\_

LAST EXAMINER \_\_\_\_\_ DATE OF LAST GRADING \_\_\_\_\_

**BELT PRICES** Please TICK size of belt required : (240/250cm) [ ] (280cm) [ ] (320cm) [ ]  
Belt Prices Plain belt: £4.50 Plain with 1 stripe: £5.00 Plain with 2 stripes: £5.50

**BELTS CAN ONLY BE PURCHASED FROM THE SSKA.**

### GRADING FEES

\* JUNIOR or SENIOR GRADING FEE £..... + GRADING DAY LESSON FEE £..... SUB-TOTAL £.....

\* FAMILY GRADING FEE TOTAL £..... + FAMILY LESSON FEE £29.00 SUB-TOTAL £.....

(For Families of 3 or more)

PRE-GRADING LESSON FEE £.....

*Please help promote your local karate club by advertising it on social media.*

TOTAL BELT COST £.....

[www.facebook.com/southernshotokan](http://www.facebook.com/southernshotokan)

SURCHARGE £.....

TOTAL AMOUNT £.....

If you wish to receive news and updates on all future SSKA events please write your e-mail address in the space below.

APPLICANT'S SIGNATURE.....(Parent or guardian if under 16yrs) DATE.....20.....

Terms and conditions apply. We will not process your Grading Return Form unless it has been signed by your Club Instructor.

CLUB INSTRUCTORS NAME ..... GRADE .....

CLUB INSTRUCTOR'S SIGNATURE.....DOJO.....DATE.....20.....

**For all enquiries phone or text the SSKA Main Office on 07557 532676.**

# **Open Free Instructor's Information Course**

**on**

**Sunday 20th January 2019**

**at**

**Dorcan Recreation Complex,  
St Paul's Drive, Swindon SN3 5BY.**

**from 3.00pm - 5.00pm.**

This course is for all instructors, including junior instructors, and anyone 4th Kyu and above who would like to become an instructor and run an SSKA club. The course will give you new ideas about teaching your students, advice on the promotion of your clubs and also concentrating on your own Karate to help you progress.

**For all enquiries  
phone or text 07557 532676**