LEARN SHOULDIAN



CARRANTE



Established in 1987

Karate teaches: Self Defence, Fitness,

Discipline, Confidence & Flexibility

Ideal for Men, Women & Children from 5 years old.

NEW CLUB FOR BEGINNERS STARTING AT

VENUE	
TIMES	
DAY	
INSTRUCTOR	
CONTACT	
	All SSKA Instructors are D.B.S. checked and have Full Liability Insurance • Child Protection Policy

All training given by fully qualified Instructor of the SSKA

or just turn up on the day! (Wear loose clothing)



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